

Free of Charge

Fiscal year of 2025

Notice of COVID-19 vaccination for senior citizens

In Minato City, senior citizens (65 years old and over) are eligible to receive a vaccine against COVID-19 at public expense (free of charge).

The COVID-19 vaccine is an effective means of prevention and/or prevent the symptoms from becoming severe in case you do catch the disease. If you would like to be vaccinated, consult your regular physician and receive your vaccine as early as possible.

Please read the following carefully before receiving your vaccination.

Who is eligible	- Persons who have reached the age of 65 and over (those who were born on and before April 1, 1961) and wish to be vaccinated. <u>Please receive your vaccine after you have reached your 65th birthday.</u>
When to receive the vaccination	From Wednesday, October 1, 2025 to Tuesday, March 31, 2026 ※ Please note that the end date of the vaccination period is different from that of the influenza vaccination.
Fee for vaccination	Free (only 1dose during the period mentioned above)
Where to receive the vaccination	- Choose a medical facility from the enclosed list (The List of Hospitals). - Some medical facilities offer vaccination by appointment only. Please call the medical facility beforehand to confirm whether an appointment is necessary. - Vaccinations may be received also at designated medical facilities within the 23 cities of Tokyo. Please contact the medical facility where you wish to receive vaccine or public health center directly to confirm whether the facility is authorized as the designated medical facility. - If you wish to receive vaccines at the designated medical facility outside the 23 cities of Tokyo for free, you need to apply for issuance of the request for vaccination. If you receive a vaccine without applying for issuance of the request, you will not be able to receive a financial support for vaccination from Minato City and will be asked to pay the vaccination fee at your own expense. For more information, visit the Minato City Website or contact the Minato Public Health Center.  You could search also Minato City website 『 ” Minato” ” COVID” ” vaccine” 』 ←Scan this two-dimensional code with a smartphone to view the COVID-19 vaccine page.
How to receive the vaccination	- Complete the enclosed “COVID-19 Pre-vaccination Check Sheet for Senior Citizens” (brown paper) and present it at the medical facility when you go to receive the vaccine. When filling out the Pre-vaccination Check Sheet, do not use pencils or erasable pens. - If you do not present this check sheet when you receive your vaccine you will be charged for your vaccine at your own expense.

Inquiries Disease Control and Prevention Subsection, Disease Prevention Section,
Minato Public Health Center TEL: 03-6400-0094 FAX: 03-3455-4460

<Please read the back side carefully>

Receiving the COVID-19 vaccine

◇What is the COVID-19?

“The COVID-19(SARS-CoV2)” is one of the coronaviruses. Coronaviruses include viruses that cause common colds and the Severe Acute Respiratory Syndrome (SARS) virus and the Middle East Respiratory Syndrome (MERS) virus, which has been occurring since 2012.

There are several types of viruses. Coronaviruses are a type of RNA virus (single-stranded RNA virus) with RNA as genetic information, and have a double membrane made of lipid called an “envelope” on the outermost side of the particle. It cannot increase by itself, but can increase by adhering to cells such as mucous membranes.

Viruses can penetrate mucous membranes, but they cannot penetrate healthy skin and can only adhere to the surface. Viruses on the surface of objects will break down over time. However, depending on the type of object, it is said to have the ability to infect for 24 to 72 hours.

Handwashing, even with running water, is effective because it can wash away the virus, and handwashing with soap is even more effective because it can break the coronavirus film. It is said that dirt tends to remain on fingertips, between fingers, wrists, and wrinkles of hands, so it is especially important to wash these areas carefully. When hand washing with running water and soap is not possible, hand rubbing alcohol can also be used to break the membranes and thereby lose infectivity.

◇Precautions for receiving the COVID-19 vaccinations

(1) Precautions before receiving vaccinations

Before receiving the vaccination, please read this notice carefully, and if you have any concerns or questions, be sure to ask your doctor and fully understand the situation before receiving the vaccination. Also, please be sure to fill out the Preliminary Questionnaire for Vaccination in advance and bring it to the medical institution on the day of the vaccination. When filling out the Pre-vaccination check sheet, do not use pencils or erasable pens.

(2) Persons who are ineligible to receive vaccine

- ①Persons who clearly have a fever (usually 37.5°C or higher).
- ②Persons suffering from a serious acute illness.
- ③People who have had a history of anaphylaxis or other severe hypersensitivity to any of the vaccine components.
- ④Other people whose physician has determined that they should not receive vaccinations.

(3) Persons who need to consult a physician when receiving vaccine

- ①People with underlying medical conditions such as heart, kidney, liver, blood disorders or developmental disorders.
- ②People who have had convulsions in the past.
- ③People who have been diagnosed with immunodeficiency in the past or have a close relative with congenital immunodeficiency.
- ④Persons who have received vaccinations in the past and had symptoms of suspected allergy such as fever or generalized rash within 2 days after vaccination.
- ⑤Persons who are at risk of developing an allergy to any of the vaccine components. Vaccinations are basically given when one is in good physical condition, so it is recommended that those with underlying medical conditions, especially those with worsening medical conditions or general weakness, should avoid receiving vaccinations. If you are concerned, please consult your doctor.

In addition, since the COVID-19 vaccine is injected intramuscularly, people receiving anticoagulation therapy or those with thrombocytopenia or coagulation disorders should be careful about bleeding after vaccination.

(4) Cautions after receiving the vaccine

After receiving the vaccine, you may experience pain at the vaccination site, fatigue, fever, headache or joint pain. It is best to plan for these symptoms so that you can avoid exertion on the day of and the day after the vaccination as much as possible. These symptoms usually resolve within a few days.

Avoid strenuous exercise and excessive alcohol consumption on the day of vaccination. Keep the vaccination site clean.

Also, please keep the “Vaccination Certificate (copy for the person)” in a safe place, as it will serve as a record of your vaccinations.

◇Influenza Vaccine

Influenza vaccine are available from Wednesday, October 1, 2025 to Saturday, January 31, 2026.

Influenza vaccine and COVID-19 vaccination can be given at any interval.

◇Adverse reactions to the COVID-19 vaccine

Major adverse reactions to the COVID-19 vaccine include pain in the injected area, fatigue, headache, muscle and joint pain, chills, diarrhea, and fever after vaccination. Most of these symptoms recover within a few days after vaccination.

◇Vaccination Health Damage Relief System

Vaccinations are important for preventing infectious diseases, but extremely rare cases of health damage occur. If an adverse reaction to a routine vaccination causes health damage that requires medical treatment or interferes with daily life, and the damage is determined to be caused by the vaccination, compensation benefits based on the Immunization Law may be received.

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