Daily Preparedness

Stock Emergency Supplies

Just as with natural disasters, stockpiled supplies are useful in the event of armed attacks or terrorist incidents.

Prepare emergency supplies to take with you during evacuation, as well as stockpiled supplies to enable self-sufficiency for several days.



tock Emergency Supplies

Emergency Evacuation Kit

- ✓ Portable drinking water ✓ Food items (canned goods, biscuits, chocolate, etc.)
- ✓ Valuables (bank passbooks, personal seals, cash, etc.) ✓ Passport or driver's license
- ✓ Emergency medical supplies (regular medications, bandages, disinfectant, etc.)
- ✓ Helmet, emergency hood ✓ Clothing, underwear, blankets
- ✓ Flashlight, portable radio, spare batteries, etc.

Stockpiled Supplies for Self-Sufficiency for Several Days (3-day supply as a guideline)

- ✓ Drinking water: 9 liters (3 liters × 3 days)
- ✓ Rice (pre-cooked and shelf-stable emergency rice, also known as alpha rice): 4-5 servings
- ✓ Biscuits: 1-2 boxes ✓ Chocolate bars: 2-3 bars ✓ Canned goods: 2-3 cans
- ✓ Clothing (sweatshirt and pants, sweater, fleece), etc.

Know Your Evacuation Centers

Check in advance the location of evacuation centers near your home and in areas where you regularly spend time.

You can confirm the locations of evacuation facilities on the Tokyo Metropolitan Government website.

Tokyo Metropolitan Government Website URL

https://www.bousai.metro.tokyo.lg.jp/taisaku/torikumi/1 000063/1030344/index.html



Under the Civil Protection Act, evacuation facilities are designated in advance throughout Japan, including in Tokyo.

mergency Temporary Shelter Facilities

These are temporary shelter facilities (approximately 1-2 hours) designed to reduce direct damage from blast effects of missile attacks and similar threats. They consist of existing sturdy concrete structures and underground facilities (underground shopping areas, underground station buildings, underground passages, etc.).

To Protect Yourself from

Armed Attacks and Large-Scale Terrorism



What are Armed Attacks and Large-Scale Terrorism

These are situations subject to civil protection measures under the Civil Protection Act, broadly categorized into "armed attack situations" and "large-scale terrorism and other incidents (emergency response situations)."

Armed Attack Situations External armed attacks against our nation are anticipated in the following four categories:



Large-Scale

Terrorism and







These are situations involving the killing or injuring of large numbers of people through means comparable to armed attacks. The following scenarios are anticipated:



Attacks on nuclear power plants, oi refineries/petrochemical complexes. and similar infrastructure





the use of bombs containing nuclear materials (dirty bombs), etc.



Actions to Protect Lives

When an Alert is Issued

When armed attacks or terrorist incidents are imminent or have occurred in an area, we will alert residents through J-Alert (*) and other systems via emergency notification emails to mobile phones and disaster prevention administrative radio broadcasts.

Additionally, through television, radio broadcasts, and fire department public address vehicles, we will communicate the content of alerts, including "what kind of incident has occurred or is likely to occur and where," and "what actions we ask residents to take."



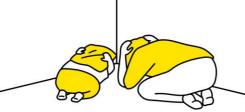
When You Are Outdoors

- Take shelter indoors in nearby sturdy buildings or underground areas.
- If you cannot get indoors, hide behind cover, lie down flat, and protect your head.
- If you are driving a private vehicle, stop your car in an off-road location whenever possible. When leaving your vehicle, park it along the left edge of the road with the keys left inside to avoid obstructing the passage of emergency vehicles.



When You Are Indoors

- Close doors and windows, and turn off gas, water, and ventilation fans.
- Move away from doors, windows, and walls to a location where you cannot be seen from outside.



S tay Calm and Gather Information

Listen carefully to alerts and various information transmitted through television, radio, and other media, and make efforts to gather information.

Minato City, based on J-Alert (*), will broadcast special siren sounds and messages through disaster prevention administrative radio, send emergency information via disaster prevention information emails and the Minato City Disaster Prevention App, and coordinate to ensure that alerts from police and fire departments are issued promptly.



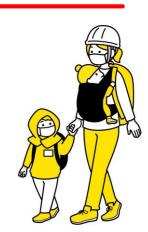
This is a system that instantly transmits emergency information issued by the national government regarding armed attacks, earthquakes, and tsunamis to the public through emergency notification emails and municipal disaster prevention administrative radio via satellite and other means.

When Evacuation Orders Are Issued

To protect your safety, appropriate instructions will be given according to the situation, such as indoor evacuation or evacuation beyond ward or metropolitan boundaries. When evacuation orders are issued, remain calm and follow the instructions.

hen Evacuating from Your Home to an Evacuation Center

- Wear sturdy shoes, long pants, long-sleeved shirts, hats, and other protective clothing, and bring emergency supplies.
- Carry identification documents such as passports or driver's licenses.
- Turn off the main gas and water valves and unplug electrical appliances. Leave the refrigerator plugged in.
- Lock your house and inform your neighbors.
- Follow instructions from administrative agencies regarding evacuation routes and methods, and evacuate appropriately.



When Facing Immediate Danger

f a Sudden Explosion Occurs

- Immediately get down low, protect your head, and maintain a stable position.
- If objects are falling around you, take cover under a sturdy table or similar shelter
- Explosions may occur multiple times, so evacuate to a safe location.

f You Become Trapped

- Avoid moving around to prevent stirring up dust. Cover your mouth and nose with a handkerchief or similar cloth.
- Tap on pipes or other structures to let people know your location.
- Since you may inhale dust and other particles, use shouting as a last resort.

I f a Fire Breaks Out

- Stay as low as possible and quickly exit the building.
- Cover your mouth and nose with a handkerchief or similar cloth.



I f a Missile Strikes

- To protect against toxic substances, cover your mouth and nose with a handkerchief or similar cloth when outdoors, and evacuate to an enclosed indoor area or move upwind.
 When indoors, seal the room by
- When indoors, seal the room by turning off ventilation fans and closing windows.