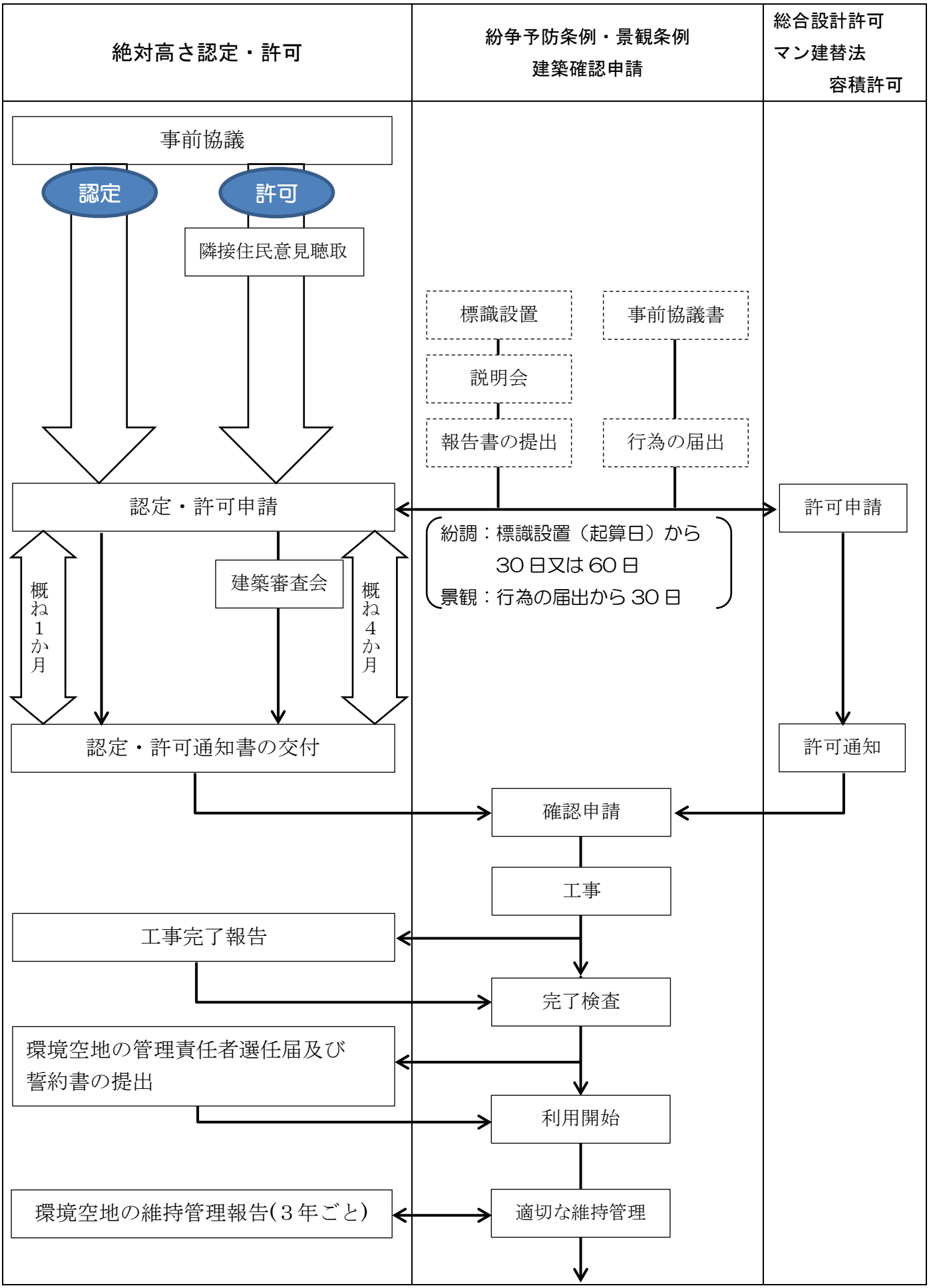絶対高さ制限の特例に係る手続きの流れ