



Consultation Services & Support

Minato City Children and Families General Support Center

Minato City established the Children and Families General Support Center in Minami-aoyama 5-chome in April 2021 as a composite facility comprised of the Minato City Child Consultation Center, the Children and Families Support Center, and the Maternal and Child Living Support Facility.

The Minato City Children and Families General Support Center offers continuous support with regard to child/family issues like child abuse, delinquency, domestic violence, etc., with its facilities working together as necessary to cover everything from prevention to consultation to temporary protective custody, protective measures, and support for self-reliance. It also serves as the core of the city's wide-ranging support network for children and families, working with relevant institutions to provide careful and continuous support all the way from pregnancy to child-rearing to puberty and independence.

■ Children and Families Support Center

A childcare support hub for those raising children. Operates Childrearing Hiroba, develops networks for childcare support, etc.

Also provides one-stop, comprehensive support with regards to the various issues faced by children and their families, including issues regarding the care of the child, providing support to single-parent households, providing support with regards to spousal domestic violence, divorce, etc.

■ Child Consultation Center

Children's social workers, children's psychologists, public health nurses, doctors, lawyers, etc., work together to provide support and consultations for the issues faced by children and their families - for example, protective care connected to child abuse, etc., delinquency, disabilities, and more. The facility will take the appropriate measures, going through safety checks, investigations, consultations, and providing assistance; if necessary, they will also take the child into protective custody, put them in the care of a foster parent, arrange for their enrollment in a facility, etc.

■ Maternal and Child Living Support Facility

Single-mother families who, for one reason or another, are facing difficulties providing the appropriate level of childcare may be admitted into this support facility. The facility offers protection while also providing the mother with support in her day-to-day life, childcare, etc., to help her build up her independence.

It also provides consultations for those leaving the facility, in order to support the steady independence of mother and child.

Minato City Children and Families General Support Center

📍 5-7-11 Minami-aoyama, Minato-ku

☎ 5962-6500

● Access ●

Subway

Tokyo Metro Ginza Line, Chiyoda Line, Hanzomon Line
Omotetsando Station (B3 Exit): 3-minute walk

Bus

Toei Bus Shibuya 88

Minami-aoyama 6-chome (Bus Stop): 4-minute walk

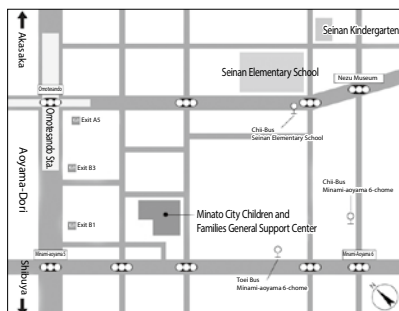
Chii-Bus Aoyama Route

Minami-aoyama 6-chome (Bus Stop): 5-minute walk

Chii-Bus Aoyama Route

Seinan Elementary School (Bus Stop): 6-minute walk

*Please use public transportation.



Consultation Services Offered by the Children and Families Support Center

Comprehensive Consultation Service for Children and Families

Minato City Children and Families Consultation Hotline ☎ 5962-7215

A hotline that provides consultations regarding children and family. A counselor will be happy to assist you.

Hours (Phone Consultations / Face-to-face Consultations / Home Visits)

Mon - Fri : 8:30 AM - 6:00 PM

Sat: 8:30 AM - 5:00 PM

(excludes national holidays, New Year's holiday)

- **Childcare Consultations:** Feel free to contact us about any issue you may be having, however small; for instance, if your baby cries incessantly at night, if you have no one to help you with childcare, if you feel frustrated with your child, etc.

Specialized Consultation Services

Hours (Phone Consultations / Face-to-face Consultations / Home Visits) ☎ 5962-7202

You can consult a public health nurse, psychologist, etc., about your child and childcare.

Specialized Consultation Service	Hours	Mon	Tues	Wed	Thurs	Fri	Sat
Consultation (Public Health Nurse)	9:00 AM - 1:00 PM		○		○		○
	2:00 PM - 5:00 PM		○		○		○
Consultation (Psychologist)	9:00 AM - 12:00 PM	○	○	○	○	○	○
	1:00 PM - 5:00 PM	○	○	○	○	○	○

Minato City Anonymous/Confidential Online Childcare Consultation Service

Consult with people about all childcare-related concerns on your smartphone, computer, etc.



<https://kosodate.minato.kodomosoudan.net>

- **Eligibility: Parents/guardians of children under 18 years of age that reside in Minato City, and expectant mothers**

- You may remain anonymous throughout the consultation.
- It will take 2-3 days for you to receive a response. (You will receive a response within a week at the most)

Consultation Services for Family and Domestic Violence Offered by the Children and Families Support Center

Q Family Counseling Subsection, Children and Families Support Center
Q Minato City Children and Families Consultation Hotline ☎ 5962-7215

Hours:

Mon - Fri: 8:30 AM - 6:00 PM

Sat: 8:30AM - 5:00 PM (reservation required)
(excludes national holidays, New Year's holiday)

Domestic Violence Consultation Service (Spousal Violence Consultation/Support Center)

Provides consultations regarding domestic violence from spouses. Connects you with institutions that can provide support to help solve your issues.

Social Welfare Consultation Service for Women

Female counselors provide consultations for women struggling with issues in their day-to-day lives in society, helping them live a more stable life and supporting their independence by providing necessary protections and assistance.

Social Welfare Consultation Service for Families

Family counselors provide consultations regarding the various issues that can arise within a family. (reservation required)

Hours	Tues	Fri
10:00 AM - 10:50 AM		○
11:00 AM - 11:50 AM		○
1:15 PM - 2:05 PM	○	○
2:15 PM - 3:05 PM	○	○
3:15 PM - 4:05 PM	○	○
4:15 PM - 5:05 PM	○	○

Legal Consultation Service for Divorce

Lawyers provide consultations regarding divorce, including details like child support payments, visitation rights, etc. Be sure to call and make a reservation by 5:00 PM the previous day.

Day/Time: 3rd Wednesday of every month (1) 1:00 PM - 1:45 PM
(2) 2:00 PM - 2:45 PM
(3) 3:00 PM - 3:45 PM

Consultation for Single-Parent Households

Single-mother/single-father support counselors provide information and support required by single parents to help them live more stable lives and encourage self-reliance.

Consultations for Entry into the Maternal and Child Living Support Facility

Provides consultations regarding entry the Maternal and Child Living Support Facility. Provides protection for single-mother families facing a variety of issues, helping them live more stable lives and encouraging self-reliance.

Child Consultation Center

Child Consultation Center ☎ 5962-6500

Minato City established the Child Consultation Center in April 2021.

In the Child Consultation Center, experts such as children's social workers, children's psychologists, public health nurses, doctors, and lawyers, work together to provide support with regard to the various issues faced by children and their families.

Type of Consultation

■ Consultations Concerning Children Requiring Protective Care

Childcare Difficulties

Consultations service for parents/guardians facing difficulties providing childcare due to illness, death, divorce, etc.; consultations regarding missing children

Consultations and Measures for Child Abuse

- Physical Abuse Hitting, violently shaking the child, etc.
- Neglect (child abandonment) ... Not providing the child with the appropriate clothing, food, living environment, etc.
- Psychological abuse Threatening the child, speaking/behaving in ways that damage the child's mental state, the child being a witness to violence by a parent against other members of the family, etc.
- Sexual abuse Indecent acts against a child, etc.

■ Consultations Regarding Children with Disabilities

Consultations regarding language development, orthopedic impairment, delay in speech development, developmental disabilities, etc.

Consultations regarding cognitive disabilities, Intellectual Disability Certificates (Ai no Techo)

■ Consultations Regarding Childcare

Consultations regarding childcare/discipline, play, etc., when it comes to infants; concerns about childcare

Consultations Regarding Truancy/Bullying

Consultations regarding your child's personality/behaviors (doesn't do well with others, shy/introverted, too hyper, violence in the household, etc.)

■ Consultations for Delinquency

Consultations Regarding Potential Criminal Behavior

Consultations regarding children under 18 years old who are engaging in problematic behaviors (running away, stealing money from family, etc.)

Consultations Regarding Juvenile Delinquents

Consultations regarding children under 14 years old who have engaged in criminal acts (stealing, etc.)

■ Consultations Regarding Child Health

Consultations regarding health management (infants, premature babies, sickly child, child illness, accident/injury, etc.)

■ Consultations Regarding Foster Care

Consultations regarding foster care for those who wish to become foster parents, those who wish to put their child in foster care, etc.; consultations regarding adoption (including plenary adoption)

■ Other Consultations

Consultations regarding other concerns for children and their families, including divorce, parental rights, etc.

Face-to-face Consultations: Mon - Fri: 8:30 AM - 6:00 PM

Phone Consultations: Child Consultation Center ☎ 5962-6500 (Mon - Fri: 8:30 AM - 6:00 PM)

Minato City Child Abuse Consultation Hotline ☎ 0120-483-710 (24/7, 365 days a year)

Consultations Offered by Child Psychiatrists (Emotional Health Consultation Service)

Public Healthcare Subsection, Health Promotion
Section, Minato Public Health Center ☎ 6400-0084

Child psychiatrists provide consultations about any concerns you may have regarding your child's mental/emotional issues, behaviors, etc. (Child must be 18 years old or younger). This includes the following.

Concerns About Mental/Emotional State ● Tends to throw tantrums ● Obsessively neat

Concerns About Behavior ● Reluctant to go to school ● Tendency to harm themselves

Concerns About Development ● Has difficulties communicating ● Delay in language development

Concerns About Physical Symptoms that May Result from Emotional Issues

● Headaches, stomachaches, etc., before going to school ● Inability to wake up for class

How to Use

Feel free to call the Minato Public Health Center as a first step.

Face-to-face Consultations:

See the **Koho Minato** or the Minato City Website for a detailed schedule.

Maternal and Child Mental Health Counseling

Public Healthcare Subsection, Health Promotion
Section, Minato Public Health Center ☎ 6400-0084

Women sometimes become emotionally unstable when pregnant, after childbirth, or when caring for children. They may feel uneasy about child-rearing or have other emotional issues. Specialized doctors provide counseling for emotional issues of mothers.

Each interview is conducted by a doctor and lasts for 30 minutes. A public health nurse will also be present for the interview.

*Childcare is available in a separate room. Please request childcare when making an appointment for consultation.

*We will maintain confidentiality.

When: Twice a month (reservation required)

Eligibility: Mothers providing childcare/expectant mothers who reside in Minato City, and their families

See the **Koho Minato** or the Minato City Website for a detailed schedule.

Consultation Office at Gender Equality Center (Libra) Emotional Support Room

Gender Equality Center (Libra)
1-16-1 Shibaura (Minato Park Shibaura)
Dedicated phone line for the Emotional Support Room
☎ 3456-5771 (during counseling hours)

The Gender Equality Center (Libra) provides free consultation with specialized counselors, lawyers, etc., in order to help resolve various issues including family, children's education, abuse by husbands or partners, lifestyles, being the victim of a crime, LGBT issues, and more. Your privacy will be strictly protected.

Hours

General Consultation: Phone / Interview (reservation required for interview)

Daytime: Mon - Sat: 10:00 AM - 4:00 PM / Calls/interviews accepted until 3:00 PM

Evening: Tue & Fri: 6:00 PM - 9:00 PM / Calls/interviews accepted until 8:00 PM

Legal Consultation: Interview (reservation required / up to twice a month)

*Unavailable during New Year's holiday, irregular facility closures, etc.

Group Mother's Time

Public Healthcare Subsection, Health Promotion Section, Minato Public Health Center ☎ 6400-0084

A group for mothers to discuss their daily stresses such as child-rearing, household worries, and relationships among parents, and to provide comfort to each other.

*Childcare is available in a separate room. Please request childcare when making an appointment for consultation.

*We will maintain confidentiality.

When: Once a month (Reservation required)

Eligibility: Mothers providing childcare who reside in Minato City

See the **Koho Minato** or the Minato City Website for a detailed schedule.

Minato City Lifestyle/Career Support Center

Minato City Lifestyle/Career Support Center
2F Azabu Regional City Office, 5-16-45 Roppongi, Minato-ku
☎ 5114-8826

This is a consultation counter that provides support to residents of Minato City who face financial difficulties with regard to their everyday lives, work, household finances, etc.

Details of Support:

Services marked with an asterisk (*) are also open to those receiving public welfare assistance.

- **Consultations/Support for Self-Reliance**

Helps identify financial/day-to-day concerns, working with the individual in question to solve their issues according to a set support plan.

- **Employment Support**

Career support counselors provide help with job-hunting efforts.

- **Employment Preparation Support**

Provides support to those for whom immediate employment would be difficult, improving their lifestyle, social/life skills, etc., to help put them in a position where they can find employment.

- **Household Finances Support***

Provides assistance/instruction regarding the management of household finances, resolving debt, non-payment, etc.

- **Education Consultation Support***

Provides consultations/support regarding the child's education, future educational path, etc.

- **Single-Parent Household Support***

Counselors work with single parents to solve the issues they are facing, supporting their job-hunting efforts with special consideration for the circumstances of a single-parent household.

- **Housing Allowance**

The city provides an allowance to those who have lost their homes or who are at risk of losing their homes due to loss of employment, etc.

Hours:

Mon - Fri: 8:30 AM - 5:15 PM (Closed: Weekends, national holidays, New Year's holiday)

Consultation Services for Children and Parents/Guardians

The following is a list of the main counseling services provided by Minato City and public institutions in relation to childcare. Contact each facility for further details.

◆ Consultation Services Provided by Minato City

Contents	Institution	Contact Information	Hours
Bullying, truancy, problems at school or with friends, etc.	Public (Operated by Minato City) Educational Research and Training Center	Face-to-face Consultations: ☎ 5422-1545	Mon - Fri: 9:00 AM - 5:00 PM (Unavailable on weekends, national holidays, New Year's holiday)
		Phone Consultations: ☎ 5422-1546	Mon - Fri: 9:00 AM - 7:00 PM Sat: 9:00 AM - 5:00 PM (Unavailable on Sundays, national holidays, New Year's holiday)
Provides developmental support for children who have experienced stumbles/delays in their development, through consultation services, instruction, and day care.	Public (Operated by Minato City) Development Support Center for Children (Pao)	☎ 6277-3106	Mon - Sat: 9:00 AM - 6:00 PM
Consultations and information provided in English regarding city policies, day-to-day life, etc.	Consultations for Foreign Nationals (Global Community Planning Subsection, Community Promotion Section)	☎ 3578-2524 3578-2046	Mon - Fri: 9:00 AM - 12:00 PM 1:00 PM - 5:00 PM (Unavailable on weekends, national holidays, New Year's holiday)

Contents	Institution	Contact Information	Hours
<p>Childcare Telephone Consultation Services by Public Nursery Schools (dedicated phone lines for childcare consultations)</p> <p>Nursery school teachers provide counseling for concerns, etc., related to childcare.</p> <p>Don't keep your problems to yourself. Please feel free to call at any time.</p>	Shiba Nursery School	☎ 3455-4669	Mon - Fri: 9:00 AM - 5:00 PM
	Shimmei Nursery School	☎ 5733-6822	
	Shibakoen Nursery School	☎ 3438-0435	
	Minami-azabu Nursery School	☎ 3442-8068	
	Hommura Nursery School	☎ 3444-2385	
	Nishi-azabu Nursery School	☎ 3409-4924	
	Azabu Nursery School	☎ 5545-7135	
	Iigura Nursery School	☎ 3583-1786	
	Higashi-azabu Nursery School	☎ 3584-3811	
	Moto-azabu Nursery School	☎ 5422-7338	
	Akasaka Nursery School	☎ 3583-2156	
	Minami-aoyama Nursery School	☎ 3401-1650	
	Aoyama Nursery School	☎ 3401-1723	
	Isaragozaka Nursery School	☎ 3444-7601	
	Takanawa Nursery School	☎ 3449-1641	
	Shirokane Nursery School	☎ 3441-5076	
	Shibaura Nursery School	☎ 5232-1130	
	Shibaura Nursery School Annex	☎ 6453-6346	
	Konan Nursery School	☎ 3450-3800	
	Takahama Nursery School	☎ 5781-0255	
	Daiba Nursery School	☎ 5500-2360	

◆ Counseling provided by public institutions other than Minato City

Contents	Institution	Contact Information	Hours
Bullying, other emergency, etc.	24-Hour Child SOS Hotline	Phone Consultations: ☎ 0120-0-78310 (Na-ya-mi-i-o-u)	24/7, 365 days a week
Bullying, corporal punishment, etc. Consultations on human rights violations, etc.	Children's Human Rights Emergency Hotline (Ministry of Justice)	☎ 0120-007-110	Mon - Fri: 8:30 AM - 5:15 PM (Unavailable on weekends, national holidays, New Year's holiday)
Consultations regarding children's human rights (bullying, truancy, corporal punishment, child abuse, etc.)	Children's Human Rights Emergency Hotline (Tokyo Bar Association)	Phone Consultations: ☎ 3503-0110	Mon - Fri: 1:30 PM - 4:30 PM 5:00 PM - 8:00 PM (Calls accepted until 7:45 PM) Sat: 1:00 PM - 4:00 PM (Calls accepted until 3:45 PM) (Unavailable on Sundays, national holidays, New Year's holiday)
Consultations for juveniles Emotional care for juveniles	Metropolitan Police Department Omori Youth Center	Phone Consultations / Interview-based Consultations: ☎ 3763-0012	Mon - Fri: 8:30 AM - 5:15 PM (Unavailable on weekends, national holidays, New Year's holiday)
Consultations for underage individuals, their families, and school officials	Young Telephone Corner (Youth Counseling Room, Metropolitan Police Department)	Phone Consultations: ☎ 3580-4970	24/7, 365 days a week
Consultations regarding bullying for infants to high-school-aged children	Tokyo Metropolitan HOT-LINE Telephone Services Regarding Bullying (Tokyo Metropolitan Education Consultation Center)	Phone Consultations: ☎ 0120-53-8288	24/7, 365 days a week
Consultations for children struggling with their mental state, going through tough times, etc.	Kokoro-no-Denwa Counseling Room (Night) (Tokyo Metropolitan Government)	Phone Consultation ☎ 5155-5028	Every day: 5:00 PM - 10:00 PM (Calls accepted until 9:30 PM)
Consultations regarding issues with your child's behavior, emotional development, etc.	Kokoro-no-Denwa Counseling Room (Tokyo Metropolitan Children's Medical Center)	Phone Consultation ☎ 042-312-8119	Mon - Fri: 9:30 AM - 11:30 AM 1:00 PM - 4:30 PM (Unavailable on weekends, national holidays, New Year's holiday)
Consultations regarding everyday issues, concerns, etc.	Consultations for foreign nationals (Minato City International Association)	Phone Consultations / Interview-based Consultations: (reservation required) ☎ 6440-0233	Mon - Fri: 9:30 AM - 12:00 PM 1:00 PM - 5:00 PM (Unavailable on weekends, national holidays, New Year's holiday)

Convention on the Rights of the Child translated by the Japan Committee for UNICEF

1989 saw the creation of a powerful resource for protecting children throughout the world!

Convention on the Rights of the Child

This convention was adopted in 1989 at the 44th United Nations General Assembly and was ratified by Japan in 1994.

This convention is composed of a preamble and 54 articles. It defines protection for the four rights of children listed below.

Furthermore, the convention states that we must consider what is best for our children and seek to realize that ideal state.

1 Right to Life

The right not to have their life threatened by preventable diseases. The right to receive medical treatment if ill or injured.

2 Right to Development

The right to formal education and to leisure and recreation. The right to advance the skills with which they were born, and to develop their own identity.

3 Right to Protection

The right to protection from all forms of child abuse and exploitation. The right to special protection for handicapped children and ethnic minority children.

4 Right to Participate

The right to the protection of freedom of thought and belief, to express their views, to gather and form groups, and to freely engage in activities.

Source: "About the Convention on the Rights of the Child"
on the website of the Japan Committee for UNICEF.



If You Suspect Child Abuse

☎ Minato City Child Abuse Consultation Hotline ☎ 0120-483-710
 ☎ Child Consultation Center ☎ 5962-6500

What Is Child Abuse?

Child abuse refers to acts by a parent/guardian or childcare provider that cause harm to the child's mental and/or physical state. Child abuse impairs the healthy growth and development of the child and can have deep, long-lasting consequences far into the future. It is a violation of the child's human right to be raised in a safe and healthy environment.

What to Check For

Differences Between Discipline and Abuse

Acts that have a damaging effect on the child's development are considered abuse, even if the parent's intention is to discipline the child. Whether or not something is abuse has nothing to do with the parent's circumstances; it is important that it be decided from the child's perspective.

What Are the Different Types of Child Abuse?

(1) Physical Abuse

Punching, kicking, shoving/throwing the child; making them eat/drink foreign substances/objects; throwing hot water on them; suspicious fractures; locking them out of the house; etc.

(2) Psychological Abuse

Damaging the child's mental/emotional state with abusive comments/remarks; favoritism regarding siblings; having them be a witness to domestic violence; making them feel fear or anxiety; ignoring them or otherwise denying their existence; etc.

(3) Sexual Abuse

Forcing the child to engage in sexual "pranks" and/or sexual acts; showing them genitals, the act of sex, etc.; showing them pornographic videos; using them as the subject of child pornography photos; etc.

(4) Neglect

Not providing the child with the appropriate clothing, food, living environment, etc.; not taking them to a hospital when they get ill or injured; leaving them alone in cars, in the home, etc.; locking them in the house; preventing them from going to school against their wishes; letting another member of the household engage in child abuse; etc.

Why Does Child Abuse Occur?

Child abuse may arise due to a combination of various factors.



If You Suspect Domestic Violence

Family Counseling Subsection, Children and Families Support Center
Minato City Children and Families Consultation Hotline ☎ 5962-7215

❏ What is Domestic Violence (DV)?

Domestic violence refers to violence by a former or current spouse, partner, lover, or other intimate partner. Domestic violence is immensely damaging to the victim's mental/physical state and their day-to-day lives, and is a clear violation of their human rights. In addition, growing up in households with domestic violence impairs the healthy growth and development of children and can have deep, long-lasting consequences far into the future. As such, it also violates the child's human right to be raised in a safe and healthy environment.

❏ What Are the Different Types of Domestic Violence?

Domestic violence can occur in a variety of ways, and can be broadly divided into the following four categories. In many cases, these acts occur in conjunction with one another in a repeated and/or continuous manner, so that the aggressor can control the victim through violence.

(1) Physical Violence / Destruction of Property

Violence that damages the physical body, including punching the victim, kicking them, dragging them by the hair, etc.

Destroying objects, punching the wall, destroying property, etc.

(2) Psychological Violence

Yelling/screaming at the victim, threatening them, insulting/humiliating them ("You're useless," etc.), repeatedly saying things that deny the victim their dignity, etc.

(3) Sexual Violence

Forcing the victim to engage in sex against their wishes, not cooperating with regard to birth control measures, forcing them to have an abortion, forcing them to look at/watch pornography, engaging in excessively rough sex, etc.

(4) Financial/Societal Violence

Withholding day-to-day living costs, excessive surveillance/questioning with regard to spending, surveillance/restrictions of the victim's behavior, not wanting to see the victim's family, friends, etc.

❏ If You Are Subjected to Violence, or Feel Your Life is in Danger

Immediately make your way to the nearest koban (police box) or police station and ask for help.

Subsidy for Use of Rehabilitation Program for Domestic Violence Offenders

Family Counseling Subsection, Children and Families Support Center
Minato City Children and Families Consultation Hotline ☎ 5962-7215

The City provides a partial subsidy in cases where the domestic violence offender enrolls themselves in the Domestic Violence Offender Rehabilitation Program (hosted by a private organization) in order to improve their relationship with the victim (spouse/intimate partner).

Be sure to contact us before registering with the program.

Eligibility:

Domestic violence offenders who have a registered address in Minato City

Children's Orphanage etc.

Child Consultation Center ☎ 5962-6500

Infant's Orphanage

This facility cares for children who are under 2 years old and are in situations like those listed below.

- Children whose parents are unable to care for them for reasons such as childbirth, illness/injury, or other emergencies
- Children of parents who cannot provide care due to suffering from long-term illness or physical/emotional disability.
- Children who are not able to receive care from their parents for reasons such as the death of their parents, being abandoned by their parents, or divorce.

Children's Orphanage

This facility cares for children who are in situations like those listed below.

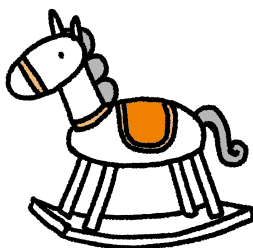
- Children who are not able to receive care from their parents for reasons such as the death of their parents, being abandoned by their parents, or their parents suffering from long-term physical/emotional disability.
- Children who are abused by their parents.
- Other children whose living environment requires care at the foster home.

Foster Parents

Includes the "Foster Family" program in which a family cares for a child who is unable to live with his/her family for various reasons, for a certain period of time without intent to adopt, and "Adoptive Foster Parents" who adopt the child in question.

Facility to Support Self-Reliance of Children

For children who require guidance or mentoring due to their actual or potential misconduct, as a result of their family situation or other environmental reasons, this child welfare facility supports the healthy physical and emotional growth and self-reliance of children through guidance on daily life, learning, work, etc.



Minato City Subsidy Program for Specified ART Treatment Cost

Public Healthcare Subsection, Health Promotion Section,
Minato Public Health Center ☎ 6400-0084

Minato City provides a partial subsidy for costs not covered by medical insurance for expensive specific ART treatments (in-vitro fertilization, micro-fertilization), as well as treatments that are provided in the lead-up to specific ART treatments, such as testicular sperm extraction (surgery to extract sperm from the testicles, etc.) to reduce the financial burden for the treatments.

Starting April 1, 2021, treatments that begin when the wife is 43 years old or older will not be eligible for the subsidy.

Contact our office for further details.

Support for Single-Parent Households

Children's Benefit Subsection, Child
and Family Section ☎ 3578-2432

The City provides a variety of support services for the children and parents/guardians (childcare providers) of single-parent households or their equivalent. If you fulfill the following requirements and have not yet applied, contact the Health and Welfare Subsection, Residents Support Section of your local Regional City Office. The amount provided, income limits, etc., differ depending on the type of subsidy/allowance. Contact our office for further details.

Content:

Medical Expenses Subsidy for Single-Parent Households, etc.

Partial subsidy of medical costs

Childcare Support Allowance

An allowance for childcare (13,500 yen a month per child).

Childcare Financial Support Allowance

If there is only one child, the allowance, depending on income, is 43,160 - 10,180 yen.

Eligibility:

Single-parent households (single mother/father) or households that are providing childcare for a child from a single-parent household with a parent that does not have custody, that fulfill the following requirements

Requirements:


You must fulfill one of the following.

- (1) Parents have dissolved their marriage
- (2) A parent has passed away
- (3) A parent has a disability
(Shintai Shogaisha Techo (Certificate of the Physically Disabled) Category 1-2)
- (4) A parent is missing or otherwise unaccounted for
- (5) A parent has neglected their childcare responsibilities for a year or longer
- (6) A parent has had a protective order filed against them due to domestic violence
- (7) A parent has been detained for legal reasons for a year or longer
- (8) The child was born out of wedlock

Income Limits:

Each subsidy/allowance has set income limits for the parent and for those providing supportive childcare.

Benefits for Those Receiving Child-rearing Allowances, etc.

 Health and Welfare Subsection, Residents Support Section, Regional City Office (see back cover)

Those receiving a child-rearing allowance may use the following services. Application is required. Contact the Health and Welfare Subsection, Residents Support Section at your local Regional City Office.

*Make sure to inform the staff that you are receiving a child-rearing allowance.

Minato City Community Bus Pass

Up to one person per household can use the Minato City Community Bus Pass for free.

What You Need to Apply: • Certificate of Proof of Child-rearing Allowance

Tokyo Metropolitan Transportation Pass

Up to one person per household can use the Tokyo Metropolitan Transportation Pass for free.

What You Need to Apply: • Certificate of Proof of Child-rearing Allowance

Discount for JR Commuter Pass

Allows you to purchase a JR commuter pass at a 30% discount. The pass must be purchased at a JR counter. When doing so, you will need the Certificate of Proof provided by the city.

What You Need to Apply: • Certificate of Proof of Child-rearing Allowance • Your personal seal
• ID photo of the person who will be using the pass
(4cm x 3cm / Must have been taken within the past six months)

Partial Exemption from Tokyo Metropolitan Government Water Fee

Exempts you from paying the basic fee. You must apply at the local branch office of the Bureau of Waterworks. When doing so, you will need an application form provided by the City.

What You Need to Apply: • Certificate of Proof of Child-rearing Allowance


Exemption from Oversized Waste Collection Fee

Contact the Oversized Waste Collection Center directly. The center will then mail you the Fee Exemption Form at a later date.

Contact Information: Oversized Waste Collection Center  5296-7000

There are two ways in which you can apply to receive the garbage sticker.

(1) Send a copy of your Certificate of Proof of Child-rearing Allowance and the completed Fee Exemption Form to the Minato Recycling and Waste Management Office.

Address: Minato Recycling and Waste Management Office, 3-9-59 Konan, Minato-ku 〒108-0075
 3450-8025

(2) If you are in a hurry, bring your letter of notification and the completed Fee Exemption Form to your local Regional City Office or the Minato Recycling and Waste Management Office, and apply directly.

What You Need to Apply: • Certificate of Proof of Child-rearing Allowance
• Letter of notification from the Oversized Waste Collection Center
• Completed Fee Exemption Form

Employment Support for Single-Parent Households

Family Counseling Subsection, Children and Families Support Center ☎ 5962-7214

The City offers support programs for parents/guardians in single-parent households.

■ Minato City Program to Support Employment for Single-Parent Households

In cases in which single fathers or mothers are studying in a training school in order to obtain certain applicable certifications, this program issues an allowance to encourage vocational training and reduce the burden of daily expenses.

Eligibility:

Single fathers or mothers who reside in Minato City and who fulfill all of the following requirements

- (1) Those receiving a Child-rearing Allowance or who fulfill the requirements for a Child-rearing Allowance
- (2) Those who are expected to acquire an applicable certification by completing a curriculum at a training school that is a year or longer
- (3) Those who have been recognized as having difficulties balancing their training with work or child-rearing
- (4) Those who have not received an allowance through the Program to Support Employment for Single-Parent Households in the past

Applicable Certifications:

Medical nurse, nursing care professional, nursery school teacher, physical therapist, occupational therapist, public health nurse, midwife, hairdresser, beautician, etc.

■ Education and Training Benefits to Support the Independence of Single-Parent Households

When a single father or mother is taking certain applicable courses, a portion of the enrollment fees is provided.

*Application for specified courses is required prior to enrollment. Please contact the office in advance.

Eligibility:

Single fathers or mothers who reside in Minato City and who fulfill all of the following requirements

- (1) Those receiving a Child-rearing Allowance or who fulfill the requirements for a Child-rearing Allowance
- (2) Those who are recognized as requiring the education/training in question in order to obtain appropriate employment
- (3) Those who have not received an allowance through the Education and Training Benefits to Support the Independence of Single-Parent Households in the past

Applicable Courses:

Education/training courses specified by the Unemployment Insurance System

Contact the office for details.

The Minato City Lifestyle/Career Support Center also provides support regarding employment for single parents.

Home Helper Service for Single-Parent Households

Family Counseling Subsection, Children and Families Support Center ☎ 5962-7214

For single mothers or fathers who have a registered address in Minato City, who are currently caring for children of elementary school age or younger, and who are experiencing difficulties with housework and childcare in their day-to-day lives due to their work, temporary injury/illness, etc., a home helper or other support staff will visit the home to provide assistance with housework, childcare, etc. (This service cannot be used continuously/regularly.)

The City will deploy a helper to assist with housework and childcare between the hours of 7:00 AM and 10:00 PM, in one-hour increments for between 2-4 hours a day. The maximum number of hours offered per month varies depending on the child's age. There are also partial subsidies depending on the parent/guardian's income.

Contact the office in advance. A counselor will ask you about the difficulties you are facing when you apply for the service.

Tokyo Metropolitan Welfare Loan for Single-Mother and Single-Father Households

Family Counseling Subsection, Children and Families Support Center ☎ 5962-7214

The City offers a loan for single-mother and single-father households who have resided in the City for 6 months or longer, and who are providing childcare for a child under 20 years old, etc.

The loan is intended for educational costs required for the child's continued education/school enrollment (class fees, facility fees, commute fees, textbook fees, etc.), education support costs (enrollment fees, uniform fees, etc.), and more, and is provided interest-free.

You must undergo an evaluation in order to be approved for the loan. Be sure to contact the office in advance.

Note that it will take about a month from when consultation begins to when the loan is provided.

Pre- and Post-Divorce Parent Support Services

Family Counseling Subsection, Children and Families Support Center ☎ 5962-7214

The City offers support programs for Minato City residents who are about to go through or are going through a divorce, and who are living with a child 18 years old or younger, in order to reduce the emotional burden placed on children due to their parents' divorce, and help stabilize their day-to-day lives. Advance consultation and application is required to use these programs.

■ Subsidy for Use of Alternative Dispute Resolution (ADR)

A subsidy (maximum of 50,000 yen) for the fees involved in using an Alternative Dispute Resolution (ADR) service operated by an ADR business that has been certified by the Tokyo Bar Association or the Minister of Justice, with regard to child support payments after divorce, visitation, etc., up until the first court date.

■ Subsidy for Use of Child Support Insurance

A subsidy (maximum of 50,000 yen) for the use of a service that insures child support payments (contract of guarantee), provided by a private child support insurance company. The subsidy covers the first insurance payment.

■ Visitation Coordination Program

A program that provides support by coordinating child visitations after their parents divorce/separate, so that the child can continue to be involved in both of their parents' lives, and feel loved by them.

Training for Child-rearing Supporters

Child-rearing Square "Ai-port" ☎ 5786-3250

Minato City holds training for "Minato City Child-rearing Supporters" who are active in our city. We welcome participation from people who want to utilize their rich life experience in child-rearing and work.

Eligibility This is for persons who are interested in work to support child-rearing and children in the community, and as a general rule, who wish to be involved in child-rearing/children's programs in Minato City, or who are already involved in such programs.

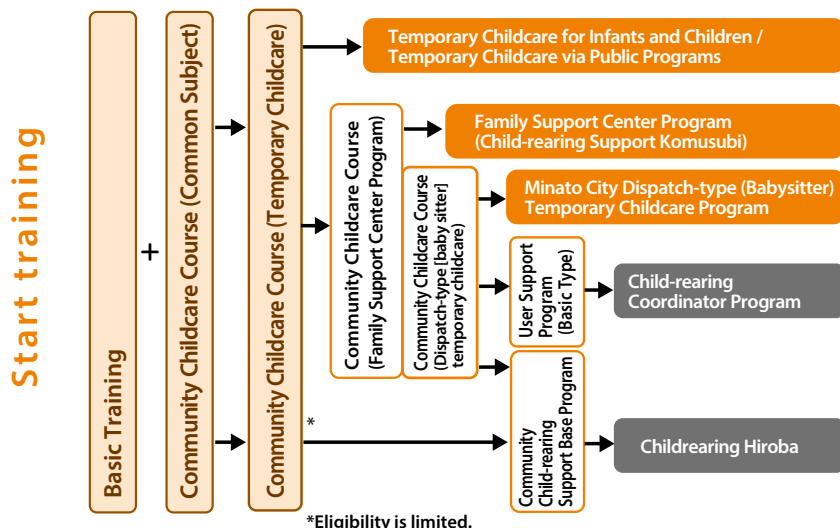
No. of Available Positions 120 supporters per year (tentative)

Costs Free (trainees pay for textbooks and learning materials)

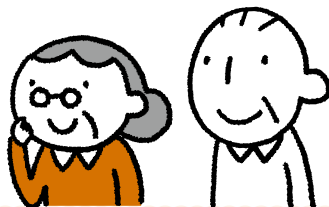
*This training is held for the purpose of certifying trainees as "Child-rearing Supporters." No introductions to or guarantees for employment are provided after the training.

Details of Training for Child-rearing Supporters

People taking the training program for the first time must enroll in "Basic Training" and the "Community Childcare Course." Next, trainees will proceed with specialized courses depending on their desired type of activities. Persons who complete the specialized training program will be issued a completion certificate as a Child-rearing Supporter, which is a nationally-recognized certification.



What kind of programs are out there?



Community Childcare Course

You will be eligible to work at facilities that provide temporary childcare for infants and young children once you have completed the Community Childcare Course. Once registered, you will also be able to work as a childcare provider, offering temporary childcare for Minato City services/programs.

If you complete the specialized training for the Family Support Center program, you may also register/work as a cooperating member of the Child-rearing Support Komusubi program.

If you complete the specialized training program for the Minato City Dispatch-type (Babysitter) Temporary Childcare Program, you will be able to work as a supporter for the Program for Dispatch-type (Babysitter) Temporary Childcare. Note that since the specialized training program for the Minato City Dispatch-type (Babysitter) Temporary Childcare Program also includes specialized training for the Family Support Center program, you may work for both programs once you complete the training, if you wish to do so.

Community Child-rearing Support Course

The Community Child-rearing Support Course has two specialized training programs - the Community Child-rearing Support Base Program, and the User Support Program (Basic Type).

Once you have completed the specialized training of the Community Child-rearing Support Base Program, you will be able to work as a staff member at Childrearing Hiroba such as Toddler's Play Room Appy, Ai-port, the Minato Child-rearing Supporting Center "Pokke," and more.

Once you have completed the User Support Program (Basic Type), you will be able to provide consultation and support to users as a coordinator for the Child-rearing Coordinator Program.

Jukensei Challenge Loan Program (Loan for Students Studying for Entrance Exams)

Family Counseling Subsection, Children and Families Support Center ☎ 5962-7214

The Jukensei Challenge Loan Program (Loans for Students Studying for Entrance Exams) offers interest-free loans to assist with entrance examination-related costs (cram school fees, entrance examination fees for high school/university, etc.) for 3rd-year junior high school and 3rd-year high school students. Recipients will be exempted from having to pay back the loan if the child enrolls in the high school, university, etc., in question.

Contact us for details, including the application requirements, the conditions of the loan, necessary documents, etc.

Types of Loan / Maximum Amounts

■ Loan for Cram School Fees, etc.

A loan for the cram school fees, entrance examination preparation courses, online courses, etc., needed for the child to study for their entrance examinations. (Does not cover personal tutors)

Maximum Loan Amount: 3rd-Year Junior High School Student or Equivalent: 200,000 yen

3rd-Year High School Student or Equivalent: 200,000 yen

*You may only apply for this loan once for each child

■ Loan for Entrance Examination Fees

A loan for entrance examination fees for high schools (including special education high schools and vocational schools) and university (including junior colleges, vocational universities, technical colleges, and other schools).

Maximum Loan Amount: 3rd-Year Junior High School Student or Equivalent: 27,400 yen (maximum amount)

3rd-Year High School Student or Equivalent: 80,000 yen (maximum amount)

*You may only apply for this loan once for each child

Student Loan and Grant Programs (University, etc.)

Educational General Affairs Subsection, Office of the Superintendent of Education
Education Promotion Department, Secretariat of the Board of Education, Minato City ☎ 3578-2713


The City offers scholarship loans and grants to individuals who have a high motivation for learning, but who are having difficulties continuing their education due to financial difficulties, following an applicant screening/evaluation process. Contact the office for details, including the application schedule, etc.

Application Requirements: Applicants must fulfill all of the following requirements.

- The person supporting the applicant financially must have resided in Minato City for six months at the time of the loan/grant being provided.
- The applicant must be facing difficulties continuing their education due to financial difficulties.
- The applicant must fulfill one of the following.
 - (a) The applicant must be expected to graduate a high school/vocational high school, vocational school (upper secondary education), other school (upper secondary education), etc., or have graduated from the same within the past two years, and be enrolling in a university, etc., for the first time.
 - (b) The applicant must be a student, etc., enrolled in university, etc.
- The applicant must have exceptional grades (Only for grants)

Income Requirements: There are different income requirements for loans and grants. Contact the office for details.

Other Scholarships, Loans, etc.

 Contact each organization directly.

Ashinaga Ikueikai (Scholarship Loan [Interest-free] and Grant)

Contact Information: Toll-Free Number ☎ 0120-77-8565

Available to students in households where a parent has passed away or become severely disabled due to illness, disaster, an unexpected accident, etc.

Kotsuiji Ikueikai (Scholarship Loan [Interest-free] and a Partial Grant)

Contact Information: Toll-Free Number ☎ 0120-52-1286

Available to students (high school, university/junior college, graduate school, vocational school, other schools) in households where a parent has passed away or become severely disabled due to a traffic accident on the road.

Japan Student Services Organization (JASSO) (Scholarship Loan [Interest-free / With Interest] and Grant)

Contact Information: Scholarship Consultation Center ☎ 0570-666-301*

Available to individuals who will be enrolling in/are studying in a university, junior college, high school, vocational school (specialist training), or graduate school in Japan, with exceptional grades and a high motivation for learning, but who are facing difficulties continuing their studies due to financial difficulties. (1st-3rd year students in high school and graduate school students are not eligible for the grant.)

*Contact the school you are enrolled in for the application schedule for the scholarship loan/grant, etc.

Tokyo Shigaku Foundation

Tokyo Metropolitan Government Scholarship (Loan [Interest-free]) Contact Information:

Contact Information: ☎ 5206-7929

Available to individuals who reside in the Tokyo metropolitan area who are enrolled in a high school, technical high school, or vocational school (high school/specialized training), who have a high motivation for learning, but who are facing difficulties continuing their studies due to financial difficulties.

Enrollment Support (Loan [Interest-free]) | Contact Information: ☎ 5206-7926 or the school in which you will be enrolled

Available to parents/guardians of students who reside in the Tokyo metropolitan area, and who will be enrolled in a private high school, a junior high school (upper secondary education), private special education school (upper secondary education), private technical high school, or private vocational school (upper secondary education/three-year system) in the Tokyo metropolitan area that has an enrollment support fund policy. The school in which the student will be enrolled will cover a part of the fees required for enrollment (250,000 yen).

Private High School Educational Support Fund Program | Contact Information: Tokyo Metropolitan Government Private School Education Support Fund Center ☎ 5206-7814

Available to students attending a private high school, etc., in the Tokyo metropolitan area. Covers a part of class fees in order to reduce the financial burden on the student.

Private High School Class Fee Subsidy Program | Contact Information: Tokyo Metropolitan Government Private School Education Support Fund Center ☎ 5206-7925

Available to guardians of students who reside in and are attending a private high school, etc., in the Tokyo metropolitan area. Covers a part of class fees in order to reduce the financial burden on the student.

Private High School Scholarship Grant Program | Contact Information: Tokyo Metropolitan Government Private School Education Support Fund Center ☎ 5206-7925

Available to guardians of students who reside in and are attending a private high school, etc., in the Tokyo metropolitan area. Covers a part of the fees necessary for education, outside of class fees.

Private Elementary/Junior High School Education Support Verification Project

Contact Information: ☎ 5206-7807

The City will be conducting a fact-finding investigation regarding the reasons why people choose to attend private schools during compulsory education, their household financial situation, etc., while also covering part of the class fees (maximum of 100,000 yen per year) for students attending private elementary and junior high schools in the Tokyo metropolitan area.

Consultation Counter for Home Care

Integrated Community Care Promotion Subsection,
Health and Welfare Section ☎ 3578-2328

As part of its efforts to provide a community-based comprehensive care system, Minato City operates Consultation Counters for Home-Care so that residents may continue living in an area that is familiar to them with peace of mind.

Other city residents, and staff in public health, medicine, and social welfare provide consultation with regard to at-home medical care/recuperation, in order to support residents' medical care/recuperation at home.

Hours: Mon - Fri (excludes national holidays, New Year's holiday): 9:00 AM - 5:00 PM

■ East Side Consultation Counter for Home-Care

(Applicable areas: Shiba, Takanawa, and Shibaura Konan Districts)

- 📍 1F Minato Park Shibaura
1-16-1 Shibaura, Minato-ku
- ☎ 03-6435-0758
- 📠 03-5476-0208



■ West Side Consultation Counter for Home-Care

(Applicable areas: Azabu and Akasaka Districts)

- 📍 1F Akasaka Community Plaza
4-18-13 Akasaka, Minato-ku
- ☎ 03-6434-7653
- 📠 03-6434-7654

