



Earthquake!

What should you do?



Outdoors

Driving

- Grip the steering wheel firmly, slowly reduce your speed, and pull over to the left side of the road. Turn off your engine.
- Remain calm and check your surroundings until the tremors subside. Listen to your radio for information.
- If you need to evacuate, leave the key in the ignition and do not lock the door. Take valuables like your vehicle inspection certificate (shakenso) with you and evacuate on foot.



On the street

- Do not stay in one spot. Use your bag to protect your head from glass, falling signs, and other dangers and evacuate to an open area or park.
- Stay away from concrete walls, vending machines, and other hazards.
- Be wary of unsteady telephone poles or low-hanging power lines.
- If there is no open area or park nearby, calmly evaluate your surroundings and move to a safe location away from buildings.

Near the coast

- Evacuate to higher ground and listen carefully for tsunami information.
- Do not approach the shore until the authorities call off the tsunami warning or advisory.



On a train

- Grab hold of a handrail or hanging strap tightly with both hands.
- Even if the train stops during the earthquake, do not open the emergency hatches or climb out of windows without being instructed to do so.
- Follow the crew's instructions and remain calm.

