

Please receive a dental checkup at the Minato Public Health Center,

after an internal medicine checkup is conducted at a designated medical institution. In addition to the dental checkup, public health nurses, registered dietitians, dental hygienists and psychological counselors are available for consultations on child's development and growth, diet, brushing teeth and parenting, during the checkups.

#### How to reserve

### **Online reservation**

Please call us if you can't make a reservation online.

First-come, first-served basis. Reservations will be closed when capacity is reached. Your child can receive the checkup from the day he/she turns 18 months old to the day before his/her 2nd birthday.

## What to Bring

Maternal and Child Health Handbook

- ※ Please complete the page on "Your Child's Condition at 18 Months"
- Notification of medical examination results issued by the medical institution where the checkup is conducted.
- Completed questionnaires for Dental Checkup for 18-month-olds and Child-rearing Consultation
- A bath towel

## <u>Note</u>

- 1. We are strengthening infection prevention measures. We appreciate your cooperation in the following.
- Please make sure your child and you are in good health and take your temperature at home.
- If your child or other family member has a fever (above 37.5°C), cough or poor health, please refrain from visiting the Minato Public Health Center on the day and consider another scheduled date.

2. It takes from 30 minutes to 1 hour.

XThose who wish to have an individual consultation will require additional time for waiting time and the consultation.

### Location

Minato Public Health Center 3F 1-4-10 Mita, Minato-ku, Tokyo 108-8315



# Inquiries TEL: 03-6400-0084 FAX: 03-3455-4539

**Public Healthcare Subsection, Health Promotion Section, Minato Public Health Center** (From 8:30 to 17:00, Monday to Friday. Not including national holidays.)

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