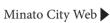
MINATO MONTHLY

-Published by Minato City-

Minato Monthly can be seen at the website.







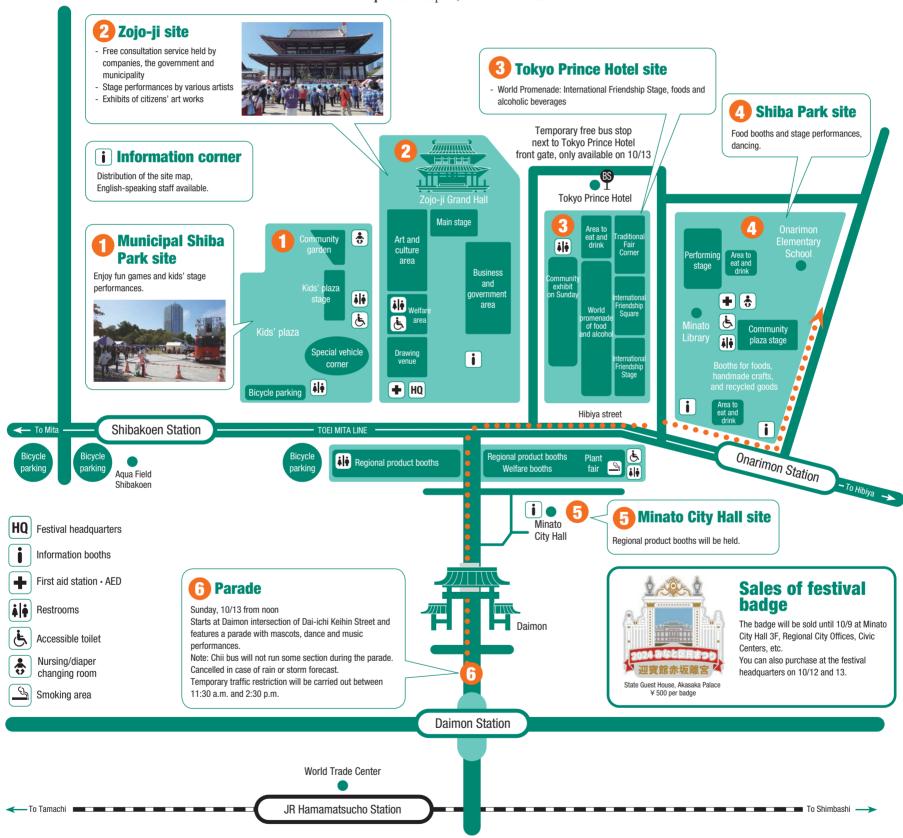
Published monthly by: Minato City Tokyo Edited by: Public Relations Subsection, Office of the Mayor, Minato City Hall, 1-5-25, Shibakoen, Minato-ku, Tokyo 105-8511 Tel: 03-3578-2111, weekdays, 9 a.m. to 5 p.m. E-mail: kuminkoho@city.minato.tokyo.jp Web: www.city.minato.tokyo.jp Circulation: 9,500 copies

No 452 10 2024

Minato Citizens' Festival 2024

10/12: 11 a.m. to 5 p.m. 10/13: 10 a.m. to 4 p.m. 10/14: Minato Sports Festival 10 a.m. to 4:30 p.m.

Place: Around Shiba Park
Inquiries: Kissport, Tel: 03-5770-6837



Minato Monthly is delivered with The Japan Times/International New York Times on the first of each month. It is also available at municipal facilities, post offices and subway stations (Akabanebashi, Akasaka, Akasaka-mitsuke, Aoyama-itchome, Azabu-juban, Daimon, Gaien-mae, Hiroo, Kamiyacho, Mita, Nogizaka, Omotesando, Roppongi, Shimbashi, Shiodome, Shirokanedai and Shirokane-Takanawa) in Minato City. The articles appearing in the Minato Monthly are also found on the Minato City Web: www.city.minato.tokyo.jp

Minato Monthly home-delivery service: For free delivery of Minato Monthly to foreign resident's homes in Minato City, contact Minato Call or Minato Monthly by e-mail at kuminkoho@city.minato.tokyo.jp. Please write "Minato Monthly" in the subject line.

Minato Call

CITY INFORMATION SERVICE 03-5472-3710



Sports Festival 2024 for Minato Citizens

Enjoy sports with your friends or family. Please come to Minato Sports Center and participate in various events.

Date & time: 10/14, 10 a.m. to 4:30 p.m.

Place: Minato Sports Center and Minato Park Shibaura area

Inquiries: Minato Sports Center, Tel: 03-3452-4151 Kissport Sports Division, Tel: 03-5439-6201

CONTEST

Participants/Audience Wanted for the Japanese Speech Contest

All foreign nationals can participate in the Japanese Speech Contest.

Eligibility: People living, working or studying in Minato City

Date & time: 12/8, 1 to 4 p.m.

Place: Libra Hall

Capacity: 10 participants, 100 audience members

Application: Participants: Apply through the application form on website by 11/8. Audience: Apply through the application form on website by 12/6. Results will be notified by email.

Inquiries: Minato UNESCO Association, Tel:03-3434-2300 For more information, visit the website https://minato-unesco.jp/en/

LEARNING JAPANESE

Join at the Japanese Class

You can learn Japanese as you talk to people in the class.

Participation is open to those who are studying Japanese for the first time or who have studied it a little, and who live in Japan.

The 3-month course is held online on Wednesdays and in the Shibakoen Residents' Collaboration Space on Saturdays.

Access the website using the two-dimensional code for further details, such as time and date. You can also apply via the website.



Application Period

3-month course starting in December: 10/22 – 11/11

Inquiries: Global Community Planning Subsection, Tel: 03-3578-2565

NOTICE

Schedule of Municipal Libraries

Library events

For the library events conducted in October, visit the Minato City Library Website.



Population of Minato City

AS OF 9/1, 2024

Total: 267,641

Japanese Residents: 245,274
Male: 114,535 / Female: 130,739
Registered Foreign Residents: 22,367
Male: 11,472 / Female: 10,895



CULTURAL EVENT

Minato Blossom Festa – A Ring of the World connected by Minato

We will be holding a festival where you can experience cultures from around the world.

There will be booths selling international foods and craft products, as well as performances on stage featuring traditional folk dances and music.



For detailed information, please visit the Minato City official website. **Date & time:** 11/2 – 11/3, 11 a.m. to 5 p.m.

Place: TBS Akasaka Sacas Square and its surrounding areas

Inquiries: Global Community Planning Subsection, Tel: 03-3578-2308





RESIDENT SERVICE

Free Delivery Service of Minato Monthly

We will deliver the Minato Monthly to resident's home in Minato City free of charge. Contact or send a fax to Minato Call or email to kuminkoho@city. minato.tokyo.jp

Please write "Minato Monthly" in the subject line and please let us know your name, address, zip code, and email address.

Supervising Subsection: Public Relations Subsection

SDGs

Akasaka and Aoyama SDGs Month

We are hosting a stamp rally themed around the "SDGs," open to participants of all ages, from children to seniors. Various events will be held, and we look forward to the participation of many people.

For detailed information, please access the website from here.

Inquiries: Collaboration Project Section, Akasaka Regional City Office, Tel: 03-5413-7014





SPORTS EVENT

40th Sawayaka Sports Festival

We are hosting a Big Sports Day where participants from all areas of Minato City can gather together and interact with one another. Let's come together as one and enjoy the

Date & Time: 9:30 a.m. to 12:30 p.m. on 11/13 Eligibility: Mostly residents over 60 years old

Application: By 10/20

Please apply directly at the front desks of Iki-iki Plazas in each region, Shibaura Island Children and Senior Citizens Plaza, or Daiba Senior Citizens' Home Care Services Center. Others: Please wear indoor shoes and comfortable clothing.

Inquiries: Shimmei Iki-iki Plaza Tel: 03-3436-2500; Arisu Iki-iki Plaza Tel: 03-3444-3656; Aoyama Iki-iki Plaza Tel: 03-3403-2011; Shirokanedai Iki-iki Plaza Tel: 03-3440-4627; Konan Iki-iki Plaza Tel: 03-3450-9915; Shibaura Island Children and Senior Citizens Plaza Tel: 03-5443-7338; Daiba Senior Citizens' Home Care Services Center Tel: 03-5531-0520

EXHIBITION

Special Exhibition – Minato City in the Turbulent Bakumatsu

We will reflect on the history of the Bakumatsu and Meiji Restoration through events related to Minato City that significantly impacted Japanese history.

Date & time: 10/19 to 12/15, 9 a.m. to 5 p.m., until 8 p.m. on Saturday

Place: Special Exhibition Room, Minato City Local History Museum, 4-6-2 Shirokanedai **Closed:** 11/21

Fee: ¥400 for adults, ¥200 for high school students and under

Free admission for residents aged over 65 and disabled residents, elementary to high school students residing and studying in Minato City.

11/3 is admission-free for residents. Please bring your ID to verify your address.

Inquiries: Minato City Local History Museum, Tel: 03-6450-2107





A silver medal gifted by the British government



Uniform of government army soldiers

REGIONAL FAIR

National Exchange Products Exhibition in Shimbashi

A total of 33 municipalities from across the country will gather in Shimbashi to sell seasonal products for three days.

You can find a wide variety of delicious specialties including seafood like abalone and scallops, wagyu beef, wine, local sake, freshly harvested vegetables, and souvenirs that can only be found in that specific region. Don't miss this opportunity to experience exceptional local products from all over Japan.

Date & Time: 10/30 – 11/1

11 a.m. – 8 p.m.

Place: Shimbashi SL Square

For detailed information, please visit the Minato City official



Supervising Subsection: City Promotion Subsection





Let's Observe Coughing Etiquette

Coughing etiquette is about being considerate to prevent the spread of infections to those around you. Many illnesses, such as COVID-19 and influenza, can be transmitted through droplets from coughs and sneezes. Droplets containing viruses can travel about one to two meters. If you cover your mouth and nose with your hand when coughing or sneezing, the virus may stick to your hand and infect others through the things you touch. Please wear a mask, or use tissues or a handkerchief to cover your mouth and nose when coughing or sneezing.

Inquiries: Public Health and Disease Prevention Subsection, Tel: 03-6400-0081

Coughing Etiquette







Use tissues or a handkerchief to cover your mouth and nose



Use your sleeve to cover your mouth and nose

Start Preparing for Disasters Today

Damage from heavy rains is occurring one after another. Let's be prepared on a daily basis.

Keep your emergency stores stocked up

Staple foods

- Always keep a stock of retort pouches of rice gruel (okayu), ready-to-eat rice, pasta, dried noodles, and other such foods.
- Cereals, flour, pancake mix, and the like can be used as substitutes.

Side dishes

- People tend not to eat enough vegetables in the days following a disaster. Make it a habit to buy many vegetables that have a comparatively long shelf life, such as potatoes, carrots, onions, and pumpkins.
- Seaweed such as hijiki and wakame as well as sliced and dried daikon radish (kiriboshi daikon) and dehydrated vegetables are also good to keep on hand.
- If no vegetables are available, canned goods that include vegetables can be used as a substitute.

Main dishes

- Meat, fish, and other such foods are necessary to maintain physical strength.
- Remember to consume canned and pouched foods quickly after opening them.





Drinks

- In addition to water, have a variety of drinks available, such as tea and juices.
- Water will also be needed for cooking and preparing hot water. Store as much of it as you can. (Some kinds of bottled water will last up to five years in storage.)

Seasonings, etc.

Always buy an extra bottle or bag for storage.

Favorite foods

- When disaster strikes, foods that ease fatigue and provide comfort are necessary.
- Keep foods that you and your family members enjoy on hand.

Other items

Getting necessary vitamins and minerals can be hard after a disaster. Keep food with nutritional function and other such products on hand.





CHILD CARE

The Current Situation of Children in Need of Social Care and the Foster Parent System

There are about 4,000 children in Tokyo who are unable to live with their families due to various circumstances such as child abuse, disease, divorce, and financial reasons.

The foster parent system is a system for children in which they are welcomed into families and brought up with love and understanding. If you are interested in the foster parent system, please feel free to contact the Foster Parent Consultation Dial

There are various types of foster parents, including "adoptive foster parents" who aim to adopt children, and "foster families" who do not aim to adopt children, but welcome and bring up children in their own homes for a certain period of time.

No special qualifications or experience are required to become a foster parent. Foster parents are paid the necessary fees to nurture the children. Dual income working couples and people who are raising children can become foster parents.

Mascot "Satomin" to Raise Awareness on the Foster Parent System

Satomin will participate at the city events.

A mascot has been designed to learn about the foster parent system.

Foster Family Experience and Presentation

The Tokyo Metropolitan Government and Minato City hold Foster Family Experience and Presentation.

It enables to hear the experiences of real foster parents, including joys, wonders, difficulties, and struggles of raising children as foster families.

Date & time: 11/2, 2 - 4 p.m. **Place:** Libra Hall, Minato Park Shibaura 1F

Fee: Free

Capacity: First 90 people **Application:** Call below dial, 8:30 a.m. - 6 p.m. by 10/24 for reservation.



Minato City Character *Satomin* to Raise Awareness on the Foster Parent System

Note: Sign language interpretation and childcare available for first 5 people with children from 4 months old to pre-school. Please notify when making a reservation

Panel Exhibition

A panel exhibition will be held to introduce the foster parent system and the lives of foster families. It is held in October and November, which is the Foster Parents Month.

Everyone is welcome. Please stop by. **Place:** Takanawa Library, Mita Library, Minato
Park Shibaura

For details, visit the Minato City web.

Inquiries: Foster Parent Consultation Dial, Child Consultation Center, Tel: 03-5962-6505







