



By Reservation Only
First-Come, First-Served Basis

Health checkup for 3-year-old children

Internal medical examinations and dental checkups are conducted at the Minato Public Health Center. This is a comprehensive examination to assess your child's health and development, so be sure to have the checkup. The checkup is free of charge and takes from one hour to one and a half hours.

- ※ You will be phoned or visited by a public health nurse if you don't get your child a checkup on one of the following scheduled dates. If you are not available on these scheduled dates, please consult with us.
- ※ Eating and drinking is permitted **only on the 8th floor** of the Minato Public Health Center.

Location

Minato Public Health Center 3F 1-4-10 Mita, Minato-ku,
Tokyo 108-8315

How to reserve

Online reservation

Please call us if you can't make a reservation online.

First come, first-served basis. Reservation will be closed when capacity is reached.

In that case, please consider another scheduled date.

Your child can receive the checkup until the day before he/she turns 4years old.

What to bring

- Maternal and Child Health Handbook
- A bath towel
- Completed questionnaire for Vision and Hearing
- ※Please test your child's vision and hearing at home. You can't do that at the Minato Public Health Center.
- Completed questionnaire for 3-year-old children Checkup
- Urine sample
- ※Please collect your child's urine at home on the morning of the checkup

Notice

- Basically, the phone is not available on Saturdays. However, you can contact us from 08:30 a.m. to 2:00 p.m. only on Saturdays when the checkups will be held. We will only accept calls for cancellations or late arrivals.
- Notifications have been sent to the eligible children and include some tests you need to conduct prior to the checkup. So, please check the contents.
- Please make sure your child and you are in good health and take your temperature at home.
- If your child or other family member has a fever (above 37.5°C), cough or poor health, please refrain from visiting the Minato Public Health Center on the day and consider on another scheduled date.
- You are not allowed to collect your child's urine sample at the public health center.

Inquiries

TEL: 03-6400-0084 FAX: 03-3455-4539

Public Healthcare Subsection, Health Promotion Section, Minato Public Health Center
(From 8:30 to 17:00, Monday to Friday. Not including national holidays.)

Minato City implements each business in compliance with the Personal Information Protection Ordinance.
Please feel free to participate in our projects with peace of mind.