

Birthday Dental Checkup

It is important to prevent cavities in baby teeth so that children can grow up with healthy mouths.

To help children get used to receiving dental checkups, Minato City offers a dental checkup once a year during their birthday month.



Eligibility

Children who have not started school (ages 1, 2, 4, 5 and 6)

- ※ Children who have passed their 1-year-old birthday month should use the Health Check-ups for 18-Month-old, and 3-year-old children should use the Health checkup for 3-year-old children.
- ※ Can be used during the month before or after the child's birthday.

Contents

Dental checkup, guidance on dental health, nutrition counseling

Date

Once a month

Reception time

1:10PM / 1:30PM / 1:50PM / 2:10PM / 2:30PM

Things to bring

- **Maternal and Child/Parent and Child Health Handbook**
- **Bath towel or similar**(will be used on the dentist's lap.)

Place

Minato Public Health Center 3F

Address: 1-4-10 Mita, Minato-ku, Tokyo

How to make a reservation

Online

**Reservation period: 1 month to 3 days
before the day of the checkup**

Online reservation website (QR code)

Contact us if you cannot
reserve online.



Minato City Official Website

Inquiries

**Health Service Subsection,
Health Promotion Section,
Minato Public Health Center**

**TEL: 03-6400-0083
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