



Minato City and other public institutions offer consultation on raising children.



Children and Families Support Center "Minato Kids Support Center" Comprehensive consultations for children and families

*The facility is inside Children and Families Support Center "Minato Kids Support Center"

● Minato City Counseling Hotline for Families with Children ☎03-5962-7215

<Hours for telephone/face-to-face/home-visit consultations>

Monday to Friday8:30 a.m. – 6:00 p.m.
Saturday8:30 a.m. – 5:00 p.m.
(Except Sundays, national holidays, and December 29-January 3)

The telephone consultation hotline provides consultation services for children and families. Counseling staff will respond to your calls.

Feel free to call about any worries, big or small, such as if your baby cries too much at night, or you have no partner in childcare, or you struggle to feel affection for your child.

Feel free to contact us if you experience any difficulties with your children or family!
For children below the age of 18 and their parents/guardians living in Minato City

● Expert consultation (with a public health nurse or psychologist) Expert Consultation Hotline ☎03-5962-7202

<Hours for telephone/face-to-face/home-visit consultations>

Public health nurse: Tuesdays, Thursdays, Saturdays
.....9:00 a.m.-5:00 p.m. (except during lunch break)
Psychologist: Monday-Saturday
.....9:00 a.m.-5:00 p.m. (except during lunch break)
(Except Sundays, national holidays, and December 29-January 3)

◇ Consultation with a public health nurse Consultation on child development

◇ Consultation with a clinical psychologist Consultation regarding the emotional state of parents and children



Consultation service		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Consultation with a public health nurse	9:00 a.m.-1:00 p.m.		●		●		●
	2:00 p.m.- 5:00 p.m.		●		●		●
Consultation with a clinical psychologist	9:00 a.m.-Noon	●	●	●	●	●	●
	1:00 p.m.- 5:00 p.m.	●	●	●	●	●	●

Minato Consultation Website

Feel free to contact us using your smartphone or computer!

◆ **For parents:** For children and parents/guardians of children below the age of 18 and expectant mothers living in Minato City

◆ **Types of consultation:** Worries and anxiety about raising children

◆ **Hours:** Anytime, 24 hours a day

<URL> <https://kosodate.minato.kodomosoudan.net>



Toddlers' Playroom /temporary care for young children

● Toddlers' Playroom services

Toddlers' Playroom newborns to preschoolers and their parents/guardians can enjoy playing in this space. We offer many seasonal events and various programs in which you can mingle with other children and parents.

Intended for:

Toddlers' Playroom Appy: Mainly for children up to 3 years of age and their parents/guardians living in Minato City

Minato Child-Rearing Support Plaza Pokke: Children up to 3 years of age and their parents/guardians

Toddlers' Playroom Ai-Port: Children from newborns to preschoolers and their parents/guardians

Indoor play area for children under school age (Appy Park): Children under school age and their parents/guardians



● Indoor play area for children under school age (Appy Park)

With large playground equipment, a bouldering wall, and a ball pit, this space allows children to engage in physical play to their heart's content, regardless of the weather. Events are held regularly (physical activities and crafts).

Facility	Address/telephone number	Intended for/hours
Appy Park Takanawa	1-16-15 Takanawa, Minato City Auto Parts Center, 4th Floor ☎03-6432-5567	[Intended for] Children under school age and their parents/guardians living in Minato City (elementary school students allowed only when using the facility with siblings) [Hours] 9:30 a.m.-5:30 p.m. [Closed] The New Year/year-end holidays, facility inspection days, etc.

● Indoor play area for children under school age (Appy Park)

With large playground equipment, a bouldering wall, and a ball pit, this space allows children to engage in physical play to their heart's content, regardless of the weather. Events are held regularly (physical activities and crafts).

District	Facility	Address/telephone number	Intended for/hours
Shiba	Minato Child-Rearing Support Plaza Pokke	5-18-1-102 Shiba ☎03-6435-0411	[Intended for] Children from 4 months old to preschool [Hours] 7:15 a.m.-8:15 p.m. [Closed] Once a month (irregular), the New Year/year-end holidays, facility inspection days, etc.
	Appy Shimbashi	6-4-2 Shimbashi KiraKira Plaza Shimbashi, 2nd & 3rd Floors ☎03-5425-7525	[Intended for] Children from 4 months old to preschool [Hours] 8:30 a.m.-6:30 p.m. *A maximum of 5 hours a day (on an hourly basis) [Closed] The New Year/year-end holidays, facility inspection days, etc.
Azabu	Appy Azabu	5-12-24 Roppongi Azabu Library, 1st Floor ☎03-5114-9900	
	Appy Nishi-azabu	2-13-3 Nishi-azabu Nishi-Azabu Ikiki Plaza 3rd Floor ☎03-5467-7175	
Akasaka	Toddlers' Playroom Ai-Port	2-25-1 Minami-Aoyama ☎03-5786-3250	[Intended for] Children from 2 months old to 6th grade of elementary school [Hours] 7:30 a.m.-9:00 p.m. [Closed] The New Year/year-end holidays, facility inspection days, etc.
	Appy Akasaka	9-4-2 Akasaka Park Court Akasaka Hinoki-cho The Tower 2nd Floor ☎03-3475-3900	
Takanawa	Appy Shirokanedai	4-6-2 Shirokanedai Yukashi no Mori 1st Floor ☎03-6450-4249	
	Appy Takanawa	1-16-15 Takanawa, Minato City Auto Parts Center, 4th Floor ☎03-6432-5567	[Intended for] Children from 4 months old to preschool [Hours] 8:30 a.m.-6:30 p.m. *A maximum of 5 hours a day (on an hourly basis) [Closed] The New Year/year-end holidays, facility inspection days, etc.
Shibaura/Konan	Appy Konan	2-3-13 Konan Shinagawa Front Building Kids Hall 3rd Floor ☎03-6712-0688	
	Appy Shibaura	3-1-16 Shibaura ☎03-5730-3253	
	Appy Konan 4-chome	4-2-4 Konan Inside municipal housing ☎03-5796-8862	

Minato City Child Consultation Center

*The facility is inside the Minato Children and Families General Support Center

Minato City established the Child Consultation Center in April 2021.

The Child Consultation Center offers consultation on a wide variety of child-rearing concerns, such as anxiety about child-rearing, worries about a child's development, or frustrations with parenting. Expert staff including child welfare officers, child psychologists, public health nurses, doctors, and lawyers cooperate to provide counseling on issues related to children and families.

Types of consultation

Consultation on childcare

Difficulties in child-rearing

When difficulties arise in caring for a child due to circumstances such as illness, death, or divorce, or when a child is missing

Consultation on child abuse and countermeasures

Physical abuse

Hitting children or shaking them roughly, etc.

Neglect (child abandonment)

The failure of a parent/guardian to provide a child with appropriate food, clothing, or shelter, etc.

Psychological abuse

Threatening a child, the use of behavior or language that results in emotional harm to a child, domestic violence in the presence of a child

Sexual abuse

Indecent acts toward a child, etc.

Consultation on disabilities

Consultations related to language development, physical impairment, delayed speech, and developmental disorders

Consultation related to children with intellectual disabilities and the Handbook for the Mentally Disabled ("Ai-no-Techo")

Consultation on child-rearing

Consultation related to caring for babies and infants, how to discipline and play with a child, and anxiety about child-rearing

Consultation on truancy/bullying

Consultation related to a child's personality or behavior (inability to play with other children, shyness, restlessness, violent behavior at home, etc.)

Consultation on juvenile delinquency

Consultation on predelinquency

Consultation related to children below the age of 18 who show problematic behavior (running away from home, stealing parents' money, etc.)

Consultation on law infringement

Consultation related to children below the age of 14 who have violated laws (theft, etc.)

Consultation on health

Consultation related to health management of infants, premature babies, and physically weak children or children's diseases, accidents, and injuries

Consultation on foster parenting

Consultation on foster parenting (foster homes) for those who want to be foster parents, or who wish to place a child in foster care
Consultation on special adoption

Other consultations



In-person consultation

8:30 a.m.-6:00 p.m. (Except Saturdays, Sundays, national holidays, and December 29-January 3)

Telephone consultation

• Child Consultation Center ☎03-5962-6500 (8:30 a.m.-6:00 p.m., except Saturdays, Sundays, national holidays, and December 29- January 3)

• Minato City Child Abuse and Neglect Consultation Hotline ☎0120-483-710 (24 hours a day, 365 days a year)

• Child Consultation Center Nationwide Hotline ☎189 (toll-free)
(You will be connected to the child consultation center nearest to you.)



School Affairs Section, Secretariat of the Board of Education/ Minato City Educational Research and Training Center Consultation on schooling

Provides consultation on enrollment in kindergarten or other schools and support for children with special needs (including children who need constant medical care).



<Hours>

Monday to Friday/ 8:30 am – 5:00 pm
(Closed on Saturdays, Sundays, national holidays and the New Year/year-end holidays)

<Inquiry>

School Affairs Section, Secretariat of the Board of Education

☎03-3578-2726~2729

Minato City Educational Research and Training Center
☎03-5422-1543 (For special needs education)



Minato City Educational Research and Training Center General consultation on school education

We offer consultation on the contents of education and teaching at kindergartens and schools.

<Hours>

Monday to Friday:
8:30 am – 5:00 pm
(Closed on Saturdays, Sundays, national holidays and the New Year/year-end holidays)



<Inquiry>

Guidance Supervisor of the Minato City Educational Research and Training Center
☎03-5422-1541



Child-care Facilities Support Subsection, Nursery School Section of the respective Regional City Offices Consultation on kindergarten enrollment

We offer consultation on kindergarten enrollment and childcare.

Health and Welfare Section, Residents Support Section of the respective Regional City Offices

Shiba ☎03-3578-3161
Azabu ☎03-5114-8822
Akasaka ☎03-5413-7276
Takanawa ☎03-5421-7085
Shibaura-konan ☎03-6400-0022

• Child-care Facilities Support Subsection, Nursery School Section
☎03-3578-2441



Tokyo Metropolitan Child Guidance Center

4152 Telephone consultation

Experienced specialists provide consultation on your worries and anxiety about raising children and/or worries about yourself.



<Hours>

Monday to Friday/ 9:00 am – 9:00 pm
Saturdays, Sundays, and national holidays/
9:00 am – 5:00 pm
(excluding the New Year/year-end holidays)

☎03-3366-4152

<Inquiries>

Tokyo Metropolitan Child Guidance Center
☎03-5937-2317



Telephone consultation: "Children's Health Consultation" (Pediatric emergency consultation)

Provides consultation in Tokyo by a nurse, public health nurse, or doctor (if necessary) regarding caring for children's health and pediatric emergencies during the hours when Public Health Centers are closed.



<Hours>

Monday-Friday/6:00 p.m.- 8:00 a.m. the next day
Saturdays, Sundays, national holidays and the New Year/year-end holidays/8:00 a.m.-8:00 a.m. the next day

☎ # 8000

(For land-line phones, mobile phones, etc. that are push-button phones)

☎03-5285-8898

(For all phones, including dial-up and IP lines)



Minato Development Support Center for Children PAO

Do you have any concerns about your child's growth or development? We offer support for children under 18 years of age who don't seem to be developing through consultations and guidance.

<Hours>

Monday-Saturday/ 9:00 am-6:00 pm
(Closed on Sundays, national holidays and the New Year/year-end holidays)

● **Child development support: Children visit PAO regularly for support in areas including activities of daily life, play, and communication.**

● **After-school daycare service, nursery school visiting support, and home-visit child development support are also available.**

* Those who wish to receive consultation services are required to present a daycare service recipient certificate. Some services charge a fee.

<Inquiries>

Minato Development Support Center
for Children
☎03-6277-3106



Minato City Educational Research and Training Center Consultation on children's education

Provides consultation on educational concerns or issues for children under 18 years of age. Expert counselors conduct interviews by telephone or in person in order to find a solution with you.

● Telephone consultation

☎03-5422-1546
Monday-Friday/9:00 am-7:00 pm
Saturdays/9:00 am-5:00 pm
(Closed on Sundays, national holidays and the New Year/year-end holidays)

● In-person consultation

☎03-5422-1545
Monday- Friday/9:00 am-5:00 pm
(Closed on Saturdays, Sundays, national holidays and the New Year/year-end holidays)



Minato City Educational Research and Training Center School consultation office for everyone in Minato

Retired principals, vice-principals, and others with a wealth of experience at schools provide consultations for public kindergartens, elementary schools, and junior high schools.

<Hours>

10:00 a.m.-4:00 p.m.
(Closed on Saturdays, Sundays, national holidays and the New Year/year-end holidays)

<Inquiries>

☎ 03-3578-3651



Minato Public Health Center Health consultation for children and parents

We provide periodical medical check-ups and vaccinations to children, as well as health counseling for children and mental health counseling for mothers and children.

● Suku-Suku child-rearing consultation (reservations required)

We offer consultation services every month to those with children ranging from newborns to preschoolers, regarding their development, growth, nutrition, dentistry, emotional state, and language skills. You can measure your child's height and weight.



● Mental health counseling for mothers and children (reservations required)

We offer a face-to-face 30-minute consultation session with a doctor. It is held in a private room and a registered public nurse is also in attendance



*Childcare service is available in a separate room. Please request for the childcare service when making an appointment for counseling. *We respect your privacy.

<Inquiry> Public Healthcare Subsection, Health Promotion Section, Minato Public Health Center ☎03-6400-0084

Consultation service for concerns regarding improper conduct such as abuse

Inquiries regarding suspicions of improper conduct such as abuse, or any concerns about childcare, at any facility, are accepted through a dedicated online form any time, **24 hours a day** (*).

Do not hesitate to contact us! You do not need to worry alone.

*Please note that there may be pauses in availability due to system maintenance.



Who can consult

- Parents/guardians of children using the intended facilities
- Staff/teachers working at the intended facilities

Intended facilities

- Licensed nursery schools (public/private), certified childcare and education centers, Minato City nursery facilities, small-scale childcare facilities, kindergartens (public/private), etc.

Content for consultation

- A wide range of inquiries regarding suspicions of improper conduct such as abuse, or any concerns about childcare, at any facility, are accepted.

Support steps

- Consultation details are verified, and adjustments are made as necessary.
- Details of consultations received are shared with relevant departments as appropriate.

Support steps

- Access the dedicated online form using the link or QR code below to input consultation details.

<Dedicated form here>

[Link] <https://logoform.jp/t/49mS8>

[Program contractor] Children's Research Institute Limited

<Inquiries> Weekdays 9:00 a.m.-5:00 p.m.



Intended facilities	Contact
Intended facilities other than those below	Children's Facility Guidance Subsection, Child Policy Section ☎03-3578-2852
Public kindergartens	Educational Personnel Planning Section ☎03-3578-2760
Private kindergartens	Educational General Affairs Subsection, Office of the Superintendent of Education ☎03-3578-2712

Please refer to "Minato KIDS," Minato City's handbook for child-rearing. You can obtain "Minato KIDS" at facilities such as Regional City Offices, Minato Public Health Center and Children and Families Support Center. You can also download it from the Minato City website.

