

産前産後期間相当分（4ヶ月分）の国民健康保険料が免除されます！

対象となる方・受付期間

- 出産予定または出産した国民健康保険の被保険者（出産被保険者）で妊娠85日（4ヶ月）以上の方が対象です。
 - ※ 死産、流産、早産及び人工妊娠中絶の場合も含みます。
- 出産予定日の6ヶ月前から届出ができます。出産後の場合は、速やかに届け出てください。
 - ※ 保険料賦課権の時効が到来すると保険料を変更できません。

国民健康保険料の免除期間

- 出産被保険者の出産予定月（又は出産月）の前月から出産予定月（又は出産月）の翌々月（以下「産前産後期間」といいます。）相当の保険料を免除します。
 - ※ 保険料が最高限度額の世帯については、軽減を適用しても免除とならない場合があります。

〈免除期間〉

	3ヶ月前	2ヶ月前	1ヶ月前	出産予定月	1ヶ月後	2ヶ月後	3ヶ月後
単胎の方							
多胎の方							

※ 多胎妊娠の場合は出産予定月（又は出産月）の3ヶ月前から6ヶ月相当分が免除されます。

※ 産前産後期間が年度をまたぐ場合、保険料は各月が属する年度からそれぞれ免除されます。

 …免除期間

- 保険料が免除された場合、払いすぎになった保険料は還付されます。

届出に必要な書類

- ・ 資格確認書または資格情報通知書
- ・ マイナンバー確認書類（世帯主及び被保険者のマイナンバー関係書類）
- ・ 本人確認書類（マイナンバーカード、運転免許証など）
- ・ 母子健康手帳またはその他出産の事実がわかるもの
 - ※ 多胎妊娠の場合は人数分必要です
 - ※ 出産後の届出の場合は、出産日及び親子関係がわかる書類が必要です
 - 例：出生届出済証明が記載された母子健康手帳、戸籍謄（抄）本

届出先

各地区総合支所区民課窓口サービス係（芝地区総合支所は相談担当へ）

問合せ先

港区国保年金課資格保険料係 収納業務担当 TEL03-3578-2574～2578

Exempt of National Health Insurance premiums for the period before and after childbirth (four months)!

Eligibility/Application period

- Those covered by National Health Insurance and who are due to give birth or already gave birth, and who have exceeded 85 days of pregnancy (four months of pregnancy) are eligible
*Including stillbirths, miscarriages, premature deliveries, and artificial termination of pregnancy
- Applications can be submitted from six months before the due date of delivery. Please hand in applications as soon as you can after delivery. *With the advent of expiry of right to do premium assessment, change of premium can not be done.

Period of exemption from National Health Insurance premiums

- The amount of premiums from the month before the expected month of delivery (or month of delivery) to two months after the expected month of delivery (or month of delivery) (hereafter, "prenatal and postnatal period").
*For households with the maximum premium, it may not be possible to get an exemption even if they apply for a reduction.

〈 Exempt period 〉

	3 months before	2 months before	1 month before	Expected month of delivery	1 month after	2 months after	3 months after
Single pregnancy							
Multiple pregnancy							

*For those with a multiple pregnancy, an amount equivalent to six months of premiums, starting from three months before the expected month of birth (or birth month) will be deducted.

*If the prenatal and postnatal period spans two different fiscal years, insurance premium deductions will be applied to each fiscal year.

 ... Exempt period

- Those who are eligible for insurance premium deductions and have overpaid on their premiums will be refunded.

Documents to be submitted

- Eligibility Certificate or Eligibility Information Notification ▪ My Number verification documents (My Number-related documents for the head of household and insured persons)
- Personal identification document (My Number Card of the insured person, driving license, etc.)
- Proof of birth (Maternal and Child Health Handbook, etc.)

*In the case of multiple pregnancies, copies are required for each individual.

*If submitting an application after birth, it is necessary to produce a document that confirms the date of birth and the parent-child relationship

e.g. maternal and child health handbook with the completed birth registration certificate, a copy (extract) of the family register, etc.

Where to submit the application

Counter Services Subsection, Residents Support Section of each Regional City Office (Consultation Subsection for Shiba Regional City Office)

Inquiries

Eligibility and Premium Subsection, National Health Insurance and Pension Section, Minato City

Tel: 03-3578-2574~2578