

Please be sure to read the enclosed leaflet from the Ministry of Health, Labor and Welfare before getting vaccinated.

For FY2024

HPV Vaccination

(Vaccine to Prevent Cervical Cancer)

Catch-up

Vaccination Notice

In November 2021, Minato City decided to resume active recommendations of the HPV vaccine (a vaccine to prevent cervical cancer), a periodic vaccination. Minato City will administer catch-up vaccinations for those who missed the opportunity to receive the HPV vaccine due to the lack of active recommendations.

Minato City will also subsidize the cost of HPV vaccinations for those who are eligible for catch-up vaccinations and who paid for their own the HPV vaccination before we sent the preliminary questionnaires.

This notice has been sent to female residents of Minato City in the age group eligible for catch-up vaccinations. If you desire an HPV vaccination at public expense or at a subsidized cost, please check the contents of this notice.



For more info

Vaccinations Subsection, Public Health and Disease Prevention Section,
Minato Public Health Center

☎ **03-6400-0081** **FAX:03-3455-4460**



1. About HPV Catch-up Vaccinations

~If you want a vaccination at public expense~

1 Background behind implementation of HPV catch-up vaccinations

Based on a recommendation from the national government, active recommendations of HPV vaccination to prevent cervical cancer, a periodic vaccination, had been withheld since June 2013, and pre-vaccination questionnaires had not been sent to individuals. In November 2021, the government notified us that “it has been confirmed that there is no particular concern over the safety of the vaccine and that the efficacy of vaccination clearly outweighs the risk of adverse reactions,” and so we decided to resume active recommendations of the vaccine.

The purpose of this program is to provide an opportunity to receive vaccinations at public expense to those who missed the opportunity to receive vaccinations during the regular vaccination period (from 6th grade to 1st grade of high school) due to the withholding of active recommendations.

2 Who is eligible?

Women born between April 2, 1997, and April 1, 2008, and who are or will be registered residents of Minato City as of the date of vaccination.

3 Period of implementation

Until March 31, 2025 (Please check the information printed at the upper right of the pre-vaccination questionnaire.)

4 Cost of vaccination

Free of charge, to be paid at public expense

However, you will need to pay for a vaccination that does not comply with the rules for periodic vaccinations, including: vaccinations carried out after the expiration date printed on the pre-vaccination questionnaire, vaccinations at a venue other than a designated medical institution in the 23 wards of Tokyo, vaccinations beyond the necessary number of times, or a vaccination that does not use the pre-vaccination questionnaire.

5 Vaccines and Vaccination Methods

HPV vaccine are available by public expense in Japan are 2-valent vaccine (Cervarix®), 4-valent vaccine (Gardasil®), the 9-valent vaccine (Silgard®9).

9-valent vaccine (Silgard®9) have become a scheduled immunization from April 1, 2023.

When receiving your first vaccination, select one of the following vaccines to be administered three times.

Vaccine name	2-valent vaccine (Cervarix®)	4-valent vaccine (Gardasil®)	9-valent vaccine (Silgard®9) *1
Corresponding viruses	HPV 16 and 18	HPV 6, 11, 16, and 18	HPV 6, 11, 16, 18, 31, 33, 45, 52, and 58
Number of doses (administration method)	3 times (Intramuscular injection)		
Vaccination interval	Interval of five months or more from the first vaccine, and an interval of two and a half months or more from the second vaccine 		Interval of one month or more Interval of three months or more from the second vaccine
Standard →			
Manufactured and distributed by	GlaxoSmithKline K.K.		MSD K.K.

*1. Silgard®9 has a different vaccination schedule from those under 15 years old.

*2. “X-months or longer interval” means that the vaccination will be available on the same day X months after vaccination.

6 How to get vaccinated if your vaccination schedule was interrupted and you are eligible for catch-up vaccination

Check the following regarding how to get vaccinated if you are eligible for catch-up vaccinations and have had one or two doses of HPV vaccine in the past, but have discontinued vaccinations without completing the three-dose vaccination schedule.

- ① Regardless of the interval after your 1st or 2nd dose, you will be eligible.
- ② Do not repeat the schedule from the 1st dose. Only get the remaining dose(s) (2nd & 3rd or 3rd).
- ③ Receive the remaining dose(s) in the intervals shown on P1 “5. Vaccines and vaccination methods.”
- ④ Get vaccinated with the same type of HPV vaccine you received before.

If you are unsure of the type of vaccine you received before, select a vaccine after sufficient consultation with a physician at a medical institution.

7 Vaccination Locations

Medical institutions listed in the addendum, "HOSPITALS AND CLINICS FOR HPV VACCINATION"

A reservation may be necessary, so please check with your healthcare provider in advance. For a list of newer medical institutions in Minato City, please refer to the Minato City homepage.

You can also get vaccinated at designated medical institutions in the 23 cities. For the medical institution you wish to visit, check the website of the city office where the institution is located to see if it is a designated medical institution. If you wish to receive the vaccination outside of the 23 cities, you must complete the included Vaccination Request Form before receiving the vaccinations. Please see Website for more details.

8 Vaccination Precautions

Cases where you cannot get vaccinated

- (1) If you have an obvious fever (usually above 37.5°C)
- (2) If you have a severe acute illness
- (3) If the components of the HPV vaccination caused anaphylaxis-like symptoms and other hypersensitivity
- (4) Or, if a physician determines that it is best that you do not get vaccinated

Cases where you need to make a particularly careful decision about getting vaccinated and need to consult with a physician

- (1) If you have unexplained pain that continues (throbbing or aching), such as when you get injured.
- (2) If previous vaccines (including non-related vaccines) have caused severe pain and numbness in both hands and feet

Precautions after vaccination

- Sit down and watch for about 30 minutes after receiving the vaccine.
- Do not exercise violently on the day you receive the vaccine.
- If you experience any symptom of concern, immediately consult a doctor, adults around you, or Minato City.

9 Adverse Reactions (Observable Side Effects After Vaccination), Etc.

Main adverse reactions that may occur after vaccination

Frequency of occurrence	Vaccine: Cervarix®	Vaccine: Gardasil®	Vaccine: Silgard®9
50% or more	Pain, redness, swelling, fatigue	Pain	Pain
Less than 10% to 50%	Pruritus, abdominal pain, muscle and joint pain, headache, etc.	Erythema, swelling	Swelling, erythema, headache
Less than 1% to 10%	Urticaria, dizziness, fever, etc.	Headache, pruritus, fever	Dizziness, nausea, diarrhea, pruritus, fever, fatigue, internal bleeding, etc.
Less than 1%	Sensory abnormalities at injection site, hypoesthesia, general weakness	Diarrhea, abdominal pain, extremity pain, musculoskeletal stiffness, induration, bleeding, discomfort, malaise, etc	Vomiting, abdominal pain, muscle and joint pain, bleeding, hematoma, malaise, induration, etc.
Frequency unknown	Extremity pain, fainting, lymphadenopathy, etc.	Fainting, vomiting, muscle and joint pain, fatigue, etc.	Hypoesthesia, fainting, extremity pain, etc.

Consultation Desk

After vaccination, if you have any persistent pain (e.g. muscle pain, joint pain, skin pain, headache) with an unknown cause or symptoms such as numbness or weakness, consider consulting with a physician or vaccinator at the following dedicated contacts and Minato City.

Contact information for those who have symptoms after receiving a HPV vaccination



<https://www.mhlw.go.jp/bunya/kenkou/kekkaku-kansenshou28/madoguchi/index.html>

Cooperative medical institutions for the treatment of symptoms that occur after receiving a HPV vaccination



https://www.mhlw.go.jp/bunya/kenkou/kekkaku-kansenshou28/medical_institution/index.html

Relief System for Health Injuries due to Vaccination



https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/vaccine_kenkouhigaiyusai.html

2. Subsidies for HPV Vaccinations

～ If you have already been vaccinated at your own expense ～

1 About subsidies

Subsidies will be provided to cover the cost of vaccination for those who are eligible for catch-up vaccinations and who have already received HPV vaccination(s) at their own expense before Minato City sent the pre-vaccination questionnaire.

*Subsidies do not cover the 9-valent vaccine (Silgard® 9)

2 Who is eligible for a subsidy?

You are eligible for a subsidy if you fulfill all the requirements below:

① You are a woman who is a registered resident of Minato City as of April 1, 2022*, and you were born between April 2, 1997, and April 1, 2006.

② You have already received HPV vaccination(s) at your own expense before Minato City sent the pre-vaccination questionnaire.

* Based on a notice from the Ministry of Health, Labour and Welfare. If you moved to Minato City on or after April 2, 2022, please contact the local government where you lived before you moved.

3 How to apply

Submit the following documents. After screening them, we will transfer payment for vaccination costs to the bank account you specify.

① Subsidy Application for Minato City Voluntary Vaccination with Vaccine to Prevent Cervical Cancer (Human Papillomavirus Infection)

② Receipt or other proof that you bore the cost of your vaccination (original)*

③ Proof of vaccination record (copy), such as a maternal and child/parent and child health handbook records or pre-vaccination questionnaire showing that you have been vaccinated.

* If you are unable to provide receipts, etc., you can submit a certificate (prepared by a medical institution) with the Subsidy Application for Minato City Voluntary Vaccination with Vaccine to Prevent Cervical Cancer (Human Papillomavirus Infection) in place of a receipt. Please download the template from the Minato City website.

4 Application deadline

March 31, 2025

* Applications by post must also arrive no later than March 31, 2025.

5 Subsidy amount

The amount of the subsidy will be either the cost actually borne or Minato City's maximum subsidy*, whichever is the lower amount.

* Maximum subsidy: ¥17,578. (As of February 1, 2024)

3. Other Information

1 Minato City website

You can check the Minato City website for new information about medical institutions where you can get vaccinated, HPV vaccines, etc.

You can also download the necessary documents for subsidy applications here.

<https://www.city.minato.tokyo.jp/hokenyobou/yobousessyu/hpv.html>



2 Cervical cancer screenings

Periodic screenings for cervical cancer are also important for cervical cancer prevention. Since there are also types of HPVs that vaccines cannot prevent, after reaching the age of 20 please undergo periodic cervical cancer screenings once every two years, regardless of whether or not you will get vaccinated.