



# After Your Baby Is Born

## Birth Notification

 Counter Services Subsection, Residents Support Section, Regional City Office (see back cover) (Family Registry Subsection only in the Shiba Regional City Office)

You will receive your child's birth certificate (along with the birth notification) from the hospital in which you give birth.

The parent (father or mother) should submit a birth notification to the city hall or municipal office with jurisdiction over the location where the baby was born, the location where their family is registered, or their home address, **within 14 days** (within three months if born outside of Japan).

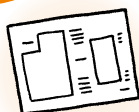
The parent should be sure to bring the **Maternal and Child Health Handbook** and **their personal seal** with them when submitting the notification.

If you are covered by National Health Insurance, be sure to also bring your National Health Insurance card.

Don't forget!

### What to Bring

1



Birth notification

2



Maternal and Child Health Handbook

3



Personal seal



4



National Health Insurance card





## Birth Announcement

 Public Healthcare Subsection, Health Promotion Section, Minato Public Health Center  6400-0084

Once your baby is born, send the **Birth Announcement postcard** enclosed in your **Maternal and Child Health Handbook** to the Minato Public Health Center by postal mail. This is in addition to submitting your birth notification. Contact us if you do not have the Minato City Birth Announcement @ postcard due to moving, etc.

The Minato Public Health Center conducts "Hello, Baby! Visits" and sends information about mother and child health services, etc., based on the submission of the birth announcement.

## Newborn Hearing Inspection

 Public Healthcare Subsection, Health Promotion Section, Minato Public Health Center  6400-0084

### ○ Go to a newborn hearing inspection

The newborn hearing inspection is a test used to see whether a newborn has a hearing impairment, conducted while the baby is asleep.

About 1-2 babies out of 1,000 are born with some sort of hearing impairment.

It is critical that such a hearing impairment be discovered sooner rather than later, as receiving the appropriate support at an early stage will result in greater benefits with regard to communication, language development, etc.

### ○ Subsidy for newborn hearing inspection

You will receive one newborn hearing inspection form alongside your prenatal check-up forms, etc., when you receive your Maternal and Child Health Handbook. The costs for the items listed as "(Not covered by insurance)" on these check-up forms may be subsidized by public funds.

The check-up forms listed above may only be used at designated medical facilities in the Tokyo metropolitan area. You may apply for a partial subsidy for the costs incurred by your newborn hearing inspection if you undergo your checkups at a medical institution outside of the Tokyo metropolitan area.

## Hello, Baby! Visits

(Visits to All Households with Newborns)

Public Healthcare Subsection, Health Promotion Section, Minato Public Health Center ☎ 6400-0084

The Minato Public Health Center conducts "Hello, Baby! visits" based on the submission of birth announcements. The period immediately following childbirth, when the mother is often still recovering physically and is not used to living with the new baby, is often marked by worries and anxiety.

Visits are made to your home **to take your baby's weight and measurements, and to offer childcare consultations, information on postpartum health, and referrals to available mother and child health services.**

**Eligibility:** All households with children 120 days old or younger

**Method:** Home visit by midwife/public health nurse

## Postpartum Maternal and Child Care Services

Public Healthcare Subsection, Health Promotion Section, Minato Public Health Center ☎ 6400-0084

Specialized staff provide childcare support to mothers during pregnancy and after childbirth, in order to soothe the mothers physically and emotionally and encourage the healthy development of the baby.

### ○ Mother and Child Health Care Counseling Counter Administered by Midwives

We field inquiries concerning worries and concerns from expectant and nursing mothers about pregnancy, childbirth, and childrearing through phone calls and interviews. We provide individual advice based on the individual conditions of each mother and baby.

#### ● Contact Information:

Mon - Fri: 9:00 AM - 5:00 PM  
(break during lunchtime)

(excludes holidays and year-end/New Year's holidays)

☎ 3455-4431 (dedicated line for inquiries)

### ○ Health Consultation for Mothers

A mother's body undergoes huge changes after completing the massive task of childbirth. The changes in hormone balance that come about during this period can also result in emotional turbulence.

Be sure to contact us if you have any questions with regard to your postpartum physical condition, breastfeeding/weaning, etc.

#### Eligibility:

Mothers who gave birth less than a year ago

#### Content:

Advice on postpartum physical condition, breastfeeding

**Method:** Home visit by midwife

#### Maximum Usage:

Three times during postpartum period

### ○ Day Care (Salon) Services

\*You may use this service after your child has completed their one-month newborn check-up.

#### Hello Mama Salon (no reservation required)

Consists of lectures by midwives and social events aimed at babies aged 1-2 months and their guardians.

#### Nombiri Salon (no reservation required)

An open space where mothers can socialize with one another, aimed at babies aged 1-3 months and their guardians.

#### Usa-chan Club (no reservation required)

A club for babies aged 2-3 months and their guardians. Meetings consist of self-introductions and mini-lectures given by midwives. Participants are divided up into groups by region, so these meetings are a great opportunity to make friends with other mothers in your neighborhood! It is also an opportunity to exchange information and find out how others are engaging in childcare. The Usa-chan Club also offers Book-start.

\*The dates on which you can participate depend on your child's birth month, etc. Be sure to check the **Koho Minato** and the Minato City official website for details.

## Postpartum Maternal and Childcare Short-Stay Service

Public Healthcare Subsection, Health Promotion Section, Minato Public Health Center ☎ 6400-0084

Those who are unable to receive support for childcare and housework from their families, etc., can get mother-child care and advice on breastfeeding and childcare while staying at a medical institution subcontracted by the City. You must register in advance in order to participate in this program. Please contact us for more details.

## Infants and Young Children's Health Exams and Childcare Consultation Services

 Health Service Subsection, Health Promotion Section, Minato Public Health Center  6400-0083  
 Public Healthcare Subsection, Health Promotion Section, Minato Public Health Center  6400-0084

3-4-month exam	Designated medical institutions for internal medicine checkup
4-month childrearing consultation	Minato Public Health Center
6-7-month exam	Designated medical institutions
9-10-month exam	Designated medical institutions
18-month exam	Internal medicine checkups take place at designated medical institutions, and dental checkups and childrearing consultations take place at Minato Public Health Center
3-year-old exam	Minato Public Health Center

Checkups and childcare consultation services for infants and young children are offered free of charge. Relevant information will be mailed to the homes of those who are eligible. You can also check the Minato City official website for dates. (reservation required)

In addition to these, the public health centers offer **Suku-Suku Childrearing Consultation services** every month to those with children ranging from newborn to pre-school age. See the Minato City official website for details.

### ■ Infants and Young Children's Checkups, Consultation Services, and Courses

Name	Content, eligibility, etc.
First-Time Baby Food Workshop	Talk on how to start your infant on baby food. <b>Eligibility:</b> Guardians of 5-month-old babies <b>Location:</b> Minato Public Health Center (reservation required)
Diets for Infants and Babies Counseling Association	A registered nutritionist provides consultations on diets for infants and babies. <b>Eligibility:</b> Guardians of infants <b>Location:</b> Minato Public Health Center (Reservation required)
Birthday Dental Checkup	Once-a-month dental checkups, teeth-cleaning/dietary consultations, etc. <b>Eligibility:</b> Children who have not yet entered elementary school (for 3-year-olds, these take place during the 3-year-old exam) <b>Location:</b> Minato Public Health Center (reservation required)
Sukoyaka-Chan (Healthy Baby) Fluoride Treatment Program	Fluoride treatment, dental checkups, and instruction on dental health <b>Eligibility:</b> Children who will turn 4, 5, or 6 years old this year <b>Cost:</b> Free (once per program period) <b>Location:</b> Medical institutions in the city
Teeth Alignment and Bite Consultation	Consultation provided by an orthodontist <b>Eligibility:</b> Children 3 years of age - 6th-year elementary school students <b>Location:</b> Minato Public Health Center (reservation required)
Childrearing Lectures	Lecture on childcare and healthcare for infants and babies (reservation required) <b>Days:</b> Once a year

## Minato Development Support Center for Children (Pao)

 Care and Support Subsection, Disabled Persons' Welfare Section  3578-2462  3578-2678

Provides developmental support for children who have experienced stumbles/delays in their development, through consultation services, instruction, and day care.

Do you have any of the following concerns regarding your child?

☐ **Slow to start talking** ☐ **Doesn't answer when name is called** ☐ **Doesn't look people in the eye while talking** ☐ **Often plays alone** ☐ **Has often had issues with friends** ☐ **Few facial expressions** ☐ **Repeats the same words over and over, etc.**

Be sure to call us if any of these apply.

The Minato Development Support Center for Children (Pao) will field your inquiries.

### Face-to-Face Consultations:

You will need to make a reservation by telephone in order to have an interview.

A doctor/psychologist, occupational therapist, speech therapist, etc., will answer your inquiries as necessary during the interview.

 Minato Development Support Center for Children (Pao)  6277-3106

Q Minato Development Support Center for Children (Pao)  
 ☎ 6277-3106 F 6277-3844 Hours: Mon - Sat: 9:00 AM - 6:00 PM

## ■ Child Development Support

Name		Content, eligibility, etc.
Consultation Services	Comprehensive Consultation Service	Provides consultations with regard to the growth and development of your child. Also holds parent-child classes (0-2 years old) that parents and children can attend together, where you can receive education and support for children with disabilities. <b>Days:</b> Mon - Sat: 9:00 AM - 6:00 PM
	Planning Consultation and Support Service / Consultation and Support Service for Children with Disabilities	Provides consultations concerning social welfare services and future use of outpatient support for children with disabilities, etc. Will also help you come up with a usage plan with regard to the various support services available for children with disabilities.
Outpatient Support for Children with Disabilities*	Child Development Support (Classes five days a week)	Children learn basic everyday skills through day-to-day activities and experience various things filtered through play. By interacting with friends in small groups, they can learn how to adapt to group situations. <b>Days:</b> Mon - Fri (about five days a week) <b>Eligibility:</b> Children 3-5 years of age
	Child Development Support (Group support for children with developmental disabilities)	Children build up accomplishments through day-to-day activities so that they can be more confident in what they can do in kindergarten, nursery school, etc. <b>Days:</b> Afternoons on Mon - Fri (2-3 times a month) <b>Eligibility:</b> Children 3-5 years of age attending kindergarten, nursery school, etc.
	Child Development Support (Individual instruction)	Children undergo individual instruction by psychologists, physical therapists, occupational therapists, speech therapists, depending on their individual circumstances. <b>Days:</b> Mon - Fri <b>Eligibility:</b> Children 3-5 years of age
	Day Service (after school, etc.)	Children receive individual instruction, mainly from psychologists, occupational therapists, and speech therapists, in order to get professional perspectives on the child's individual issues. They also receive small-group education and support. The aim is to help children develop their life skills, social skills, communication skills, and more. <b>Days:</b> Afternoons on Mon - Fri; Saturdays, long-term holidays (1-2 times a month) <b>Eligibility:</b> Children who are attending school
	Home Visit-Based Child Development Support	Children receive home visits where they learn basic everyday skills through their day-to-day lives and gain a variety of experiences that are filtered through play, in order to develop their life skills. <b>Days:</b> Mon - Fri (about twice a month) <b>Eligibility:</b> Children with severe disabilities, etc., which make it difficult for them to go out and receive child development support, etc.
	Nursery School Visit-Based Support	Children are visited at their nursery schools, kindergartens, schools, etc., and receive professional support, etc., to help them adapt to group situations. <b>Days:</b> Mon - Fri (about twice a month) <b>Eligibility:</b> Children 0-18 years of age who attend facilities with group activities (nursery schools, etc.)

\*Children will need to have their Day Service Certificate in order to receive outpatient support for children with disabilities.

# Infant Vaccinations

Public Health and Disease Prevention Subsection, Public Health and Disease Prevention Section, Minato Public Health Center ☎ 6400-0081

A baby's resistance to infection from their mother starts to weaken after they turn three months old. Make sure to boost their immune system with vaccinations to prevent infectious diseases. The Minato Public Health Center sends vaccination screening forms to all children who are about to reach the eligible age for vaccinations. Don't forget to get them vaccinated. The Minato Maternal and Child Health Handbook app will automatically create a vaccination schedule based on your child's birth date. Be sure to make use of it.

## Vaccination Schedules and Methods

Type of Vaccine		# of Doses	Age of Eligibility	Standard Schedule and Number of Doses
Rotavirus Vaccine	Rotarix	Two doses	Between 6 weeks and 24 weeks (6 months) of age *Consult a doctor if the first dose will be given when the infant is 15 weeks of age or older.	Administered in two doses when the infant is between 2-6 months of age, with an interval of at least 27 days
	Rotateq	Three doses	Between 6 weeks and 32 weeks (8 months) of age *Consult a doctor if the first dose will be given when the infant is 15 weeks of age or older.	Administered in three doses when the infant is between 2-8 months of age, at intervals of at least 27 days
Hib Vaccine (Haemophilus Influenzae Type B)		Three doses to start	From 2 months up to 60 months (5 years) of age	Administered in three doses when the infant is between 2-6 months of age, at intervals of 27-56 days
		Additional dose		Administered in one dose after completion of the first three doses, 7-13 months after the last dose
Pediatric Pneumococcal Vaccine		Three doses to start	2 months - 60 months (5 years) of age	Administered in three doses when the infant is between 2-6 months of age, at intervals of at least 27 days
		Additional dose		Administered in one dose when the infant is between 12-15 months of age, after completion of the first three doses, at least 60 days after the last dose
Hepatitis B Vaccine		Three doses	Under 1 year of age	Administered in two doses when the infant is between 2-9 months of age, with an interval of at least 27 days (4 weeks), followed by another dose at least 139 days after the first dose (139 days = same day of the week after 20 weeks)
BCG (Tuberculosis) Vaccination		One dose	Under 1 year of age	Administered in one dose when the infant is 5-8 months of age
First-stage DPT-IPV (Quadruple Vaccine) (Diphtheria, Pertussis, Tetanus and Inactivated Poliovirus Vaccine)		Three doses to start	From 3 months up to 90 months (7.5 years) of age	Administered in three doses when the infant is between 3-12 months of age, at intervals of 20-56 days
		Additional dose		Administered in one dose after completion of the first three doses, at least 6 months after the last dose (about 12-18 months' gap)
IPV (Inactive Polio Vaccine) Infants born after August 2012 will have received this vaccine as part of the DPT-IPV quadruple vaccine		Three doses to start	3 months - 90 months (7.5 years) of age	Administered in three doses when the infant is between 3-12 months of age, at intervals of at least 20 days
		Additional dose		Administered in one dose after completion of the first three doses, with a minimum 6-month gap after the previous dose (about 12-18 month gap)
MR (Measles Rubella) Vaccine		First stage	Between 12 and 24 months of age	Administered in one dose as soon as possible after the infant reaches 12 months of age
		Second stage	The year before the child enrolls in elementary school	Administered in one dose in the year before (April - late March) the child enrolls in elementary school
Varicella (Chickenpox) Vaccine		First dose	Between 12 and 36 months of age	Administered in one dose when the infant is 12-15 months of age
		Second dose		Administered in one dose after completion of the first dose, at least 3 months later (about 6-12 months' gap)
Japanese Encephalitis (JE) Vaccine *Contact us separately for special cases of individuals requiring the Japanese encephalitis (JE) vaccine.		First stage (initial doses) Two doses	From 6 to 90 months (7.5 years) of age	Administered in two doses once the infant reaches 3 years of age, at an interval of 6-28 days
		First stage (additional dose)		Administered in one dose once the child reaches four years of age following the completion of the initial doses, at least 6 months after the previous dose (1-year gap)
		Second stage	From 9 to 13 years old	Administered in one dose once the child reaches 9 years of age
Second-stage DT (Double Vaccine) Diphtheria-Tetanus Double Vaccine		One dose	From 11 to 13 years old	Administered in one dose when the child reaches 11 years of age
Cervical Cancer Prevention Vaccine (Human Papilloma Virus Vaccine) *Currently, we do not actively recommend this vaccine. Contact us if you would like to get this vaccine, and we will send you a screening form.		Three doses	Girls from about 12 years of age (6th year of elementary school) to about 16 years of age (1st year of high school) (The first day of the year they will turn 12 to the last day of the year they turn 16)	2-Valent HPV Vaccine: First dose administered during their 1st year of junior high school; second dose administered at least one month after the first dose; third dose administered at least 5 months after the first dose (about a 6-month gap) 4-Valent HPV Vaccine: First dose administered during their 1st year of junior high school; second dose administered at least two months after the first dose; third dose administered at least 3 months after the first dose (about a 4-month gap)

## Children's Medical Expense Assistance

📍 Children's Benefit Subsection, Child and Family Section  
☎ 3578-2430

The City provides assistance with the out-of-pocket portion of medical expenses incurred when a **child who has not yet completed junior high school** (up to March 31 after the child turns 15 years old) receives treatment or medication covered by health insurance. Parents/guardians and children must be residing in Minato City and have Japanese public health insurance. A medical certificate will be provided based on the results of the application process. There is no income limit for guardians.

\*Children in households receiving public welfare assistance, who have been admitted into a facility, etc., are not eligible for this assistance.

\*To apply, submit the application form within 15 days of the day after your child's birth date your move-in date, either by mail to the Children's Benefit Subsection; in person at the Health and Welfare Subsection, Residents Support Section, Regional City Office; or online through Mynportal.

### ○ What You Need to Apply

You will need your child's health insurance card.

### ○ How to Apply

#### (1) If using a medical institution in the Tokyo metropolitan area

Show your child's health insurance card and infant medical certificate at the counter of the medical institution, and you will be able to receive treatment and/or medication without having to pay the out-of-pocket portion of your medical expenses.

#### (2) If using a medical institution outside of the Tokyo metropolitan area, or a medical institution that does not accept infant medical certificates

After paying the out-of-pocket portion of your medical expenses, submit the designated application form, along with the original receipt, either by mail to the Children's Benefit Subsection or in person at the Health and Welfare Subsection, Residents Support Section, Regional City Office. The funds will be deposited into the guardian's bank account, listed on the infant medical certificate.

## Assistance for Medical Expenses for Childhood Illnesses

📍 Public Healthcare Subsection, Health Promotion Section, Minato Public Health Center ☎ 6400-0084

### ■ Special Medical Care

If a newborn that is born at a weight of up to 2,000 grams or that is particularly weak and developing certain symptoms is hospitalized in a designated hospital, part of the costs may be waived.

### ■ Institutional Medical Care Benefit

This benefit is paid if a child under the age of 18 contracts tuberculosis and has to be hospitalized in a designated hospital for treatment.

### ■ Childrearing Medical Care

Assistance with medical expenses will be provided for children under the age of 18 who have an orthopedic impairment or a sight, hearing, equilibrium, vocal, speech, or masticatory disorder, as well as children who have to undergo surgery at a designated hospital due to coronary disease, kidney disease, congenital visceral disease, and/or a liver disorder.

### ■ Infantile Chronic Diseases

Assistance with medical expenses will be provided for children under the age of 18 who have a malignant neoplasm, chronic respiratory disease, chronic kidney disease, heart disease, endocrine disease, collagen disease, diabetes, inborn error of metabolism, blood disorder, immune disorder, neuromuscular disease, chronic digestive disease/disorder, congenital anomaly syndrome, and/or skin disease.

# Childcare Allowance

📍 Children's Benefit Subsection, Child and Family Section  
☎ 3578-2431

A childcare allowance is provided in order to support the healthy development of the children who will lead our society into the future.

The allowance is issued to residents of Minato City raising children who are in junior high school or younger.

\*To apply, submit the application form within 15 days of the day after your child's birth date/your move-in date, either by mail to the Children's Benefit Subsection; in person at the Health and Welfare Subsection, Residents Support Section, Regional City Office; or online through Mynaportal.

\*If you are a civil servant, please apply through your workplace rather than your own address.

**Amount:** Monthly Allowance per Child

0-3 years old	15,000 yen
3 years old - end of elementary school	10,000 yen
(1st and 2nd child)	15,000 yen
(3rd child onwards)	
Junior high school student	10,000 yen
If over the income limit	5,000 yen

# Minato City Childbirth/Childcare Support Emails

📍 Child and Family Service Subsection Subsection, Children and Families Support Center ☎ 5962-7201

An email service that disseminates helpful information regarding childcare after the birth of your child.

**Eligibility:** Expectant mothers/families, parents of children under 3 years old, etc., that live in Minato City

**Frequency:** Every day until 100 days after the child's birth date

Until 1 year old: About once every three days

Until 2 years old: About twice a week

Until 3 years old: About twice a month

**Content:** Advice on your child's development and childcare

**How to Register:**

Scan the QR code and send a blank email to the email address that pops up. Within a day or two, you will receive a confirmation email. Registration/use of the service is free.

\*Users are responsible for any telecommunication fees.

\*Note that re-registration is necessary after birth even for residents who had originally registered when pregnant.

**QR Code:** After childbirth



\*If you have trouble scanning the QR code, send a blank email to the following email address. After childbirth: minato\_kosodate@reg.kizunamail.com

\*Contact the Kizuna Mail Project NPO (TEL: 03-6317-5575) if you are unable to register for/receive the emails.

## We support breastfeeding!

Breastmilk is full of nutrients that support baby's growth. It also includes immune-boosting substances that protect the baby from disease, and is readily digested and absorbed into their system. The act of breastfeeding is also an important form of skin-to-skin contact that will help build a relationship of trust between the mother and the baby. As such, many mothers want to raise their baby on breastmilk as much as possible. However, breastfeeding can come with its own issues - for instance, not being able to produce as much milk as you'd like, or your breasts feeling swollen and extremely painful. If you experience any of these issues, it would be a good idea to consult the hospital where you gave birth. The following is a list, for your reference, that has examples of facilities that offer breastfeeding consultation services in the Minato City area.

\*Contact each facility for the latest information (prices, etc.).

### Hospitals/Maternity Clinics with Outpatient Breastfeeding Consultation Services

#### ● Yuki Maternity Clinic

##### Outpatient Breastfeeding Consultation (reservation required):

**Mon-Fri: 9:00 AM - 5:00 PM / Sat: 9:00 AM - 12:00 PM**

Provides as much support as possible with regard to breastfeeding consultations/pelvic care even outside of these hours.

📍 2-12-6 Mita, Minato-ku

☎ 6424-5576 🌐 <http://www.yu-kimaternityclinic.com/>

#### ● Yuria Maternity Clinic - Oketani Method Breastfeeding Consultation Office

##### Breastfeeding Consultation Office: Mon, Tues, Wed, Fri (reservation required)

📍 Hirano Building 302, 1-25-15 Shirokane, Minato-ku

☎ 090-4396-5503 🌐 <http://yuria-oketani.com/>

#### ● Comprehensive Maternal and Child Health Center - Aiiku Hospital

##### Breastfeeding Consultation: Mon - Fri (reservation required)

📍 1-16-10 Shibaura, Minato-ku

☎ 6453-7300 (switchboard) 🌐 <http://www.aiiku.net/>

#### ● Japanese Red Cross Medical Center

##### Breastfeeding Consultation: Mon - Fri (reservation required)

📍 4-1-22 Hiroo, Shibuya-ku

☎ 3400-1311 (switchboard) 🌐 <http://www.med.jrc.or.jp/>

### Midwife for Breastfeeding Consultations (Home Visits Only)

A midwife is available to conduct home-visit lactation massages. Contact the midwife directly for prices, etc.

\*Please make any inquiries between Mon - Fri, from 9:00 AM - 5:00 PM.

● **Shino Takefushi** ☎ 080-5438-0141 🌐 <https://takefushi.theblog.me/>



# Bookstart Program

 Schools Support Subsection, Library and Cultural Assets Section, Education Promotion Department, Secretariat of the Board of Education  3437-6621

The library provides books for parents/guardians, following a read-aloud demonstration and an introduction of Minato City's libraries, so that parents/guardians can understand the joy and importance of opening a picture book with their baby, with the hope that the baby will develop a healthy spirit and mind.

 <https://www.lib.city.minato.tokyo.jp/>

## Eligibility:

Babies under 1 year old and their guardians who live in Minato City. The Usa-chan Club also runs a Bookstart program (➡ [see P.11](#)) (The content is the same.)

## What to Bring:

Maternal and Child Health Handbook

## Picture Books Provided:

The basic set is comprised of the picture books Inai-Inai-Ba (Peek-a-Boo) and Ja-Ja-Biri-Biri. If you already own one or both of these books, be sure to say so on the day. Multiple copies are available.

## Locations / Dates:

Name of Facility	Address	TEL	Date	Time
Minato City Library	3-2-25 Shibakoen	3437-6621	First Sunday of every month	10:30 AM - 11:30 AM
Mita Library	5-28-4 Shiba	3452-4951	4th Thursday of every month	11:00 AM - 12:00 PM
Azabu Library	5-12-24 Roppongi	3585-9225	2nd Monday of every month	2:00 PM - 3:00 PM
Akasaka Library	1-3-3 Minami-aoyama 3F Aoyama 1-chome Tower	3408-5090	3rd Wednesday of every month	2:00 PM - 3:00 PM
Takanawa Library	1-16-25 Takanawa 3F Takanawa Community Plaza	5421-7617	2nd Saturday of every month	10:30 AM - 11:30 AM
Takanawa Library Annex	1-4-35 Takanawa 3F Takanawa Kids-to-Teens Hall	3443-1666	3rd Tuesday of every month	1:00 PM - 2:00 PM
Konan Library	3-3-17 Konan 1F-3F City Heights Konan	3458-1085	4th Wednesday of every month	3:00 PM - 4:00 PM
Library Room at the Daiba Civic Center	1-5-1 Daiba 2F Daiba Community Plaza	3452-4951 (Mita Library)	1st Tuesday of every month	1:30 PM - 2:30 PM

\*Your experience will be smoother if you make a reservation in advance.

\*These events may undergo changes/be cancelled for various reasons (special inventory, etc.).

See the list of events on the Minato City Libraries official website for details.

 <https://www.lib.city.minato.tokyo.jp/>

\*Contact us on the phone, and these activities may also be held as requested at nearby city libraries (excluding Daiba), outside of official Bookstart events.

\*We also send Bookstart picture books through postal mail for those who find it difficult to come to the library due to illness, the demands of long-term care, etc. Contact each library directly for details.

