



Start preparing for disasters today!

Portable emergency kit and stock item checklists

Portable emergency kit

Items	Inspection date
<input type="checkbox"/> Drinking water (plastic bottles)	
<input type="checkbox"/> Emergency rations (e.g. canned foods and nutritional supplements)	
<input type="checkbox"/> Cell phone charger	
<input type="checkbox"/> Flashlights (extra batteries and bulbs)	
<input type="checkbox"/> Portable radio (extra batteries)	
<input type="checkbox"/> Helmets and safety hoods	
<input type="checkbox"/> First-aid kits (e.g. household medicine, medication notebooks, etc.)	
<input type="checkbox"/> Valuables (e.g. bankbook, certificate of title, cash cards, and a copy of insurance cards)	
<input type="checkbox"/> Cash	
<input type="checkbox"/> Towels	
<input type="checkbox"/> Changes of clothes	
<input type="checkbox"/> Masks	
<input type="checkbox"/> Work gloves	
<input type="checkbox"/> Rainwear	
<input type="checkbox"/> Tissues (wet wipes/tissue)	
<input type="checkbox"/> Knives, can openers, and bottle openers	
<input type="checkbox"/> Lighters, matches, and candles	
<input type="checkbox"/> Plastic bags or shopping bags	
<input type="checkbox"/> Oral care products	
<input type="checkbox"/> Toothbrush (Children's toothbrushes are particularly important, as they can be hard to get immediately after a disaster.)	
<input type="checkbox"/> Dental floss, interdental brush	
<input type="checkbox"/> Dental rinse	
<input type="checkbox"/> Wet tissues for oral care	
<input type="checkbox"/> Denture cleaner, denture case	

Emergency stock items

Items	Inspection date
<input type="checkbox"/> Drinking water (3 liters per person per day)	
<input type="checkbox"/> Staple foods (rice, instant noodles, canned food, and ready-made meals)	
<input type="checkbox"/> Other foods (seasoning, soup, etc.)	
<input type="checkbox"/> Snacks (e.g. chocolate and candy)	
<input type="checkbox"/> Fuel (e.g. portable gas stoves, extra gas canisters, etc.)	
<input type="checkbox"/> Blankets, cotton blankets, and sleeping bags	
<input type="checkbox"/> Toiletries	
<input type="checkbox"/> Pots and kettles	
<input type="checkbox"/> Disposable tableware (e.g. disposable chopsticks, paper plates, and paper cups)	
<input type="checkbox"/> Plastic wrap and aluminum foil	
<input type="checkbox"/> Wet wipes/tissue and toilet paper	
<input type="checkbox"/> Hygiene products (masks, sanitizers, disinfecting wipes, mouthwash, etc.)	
<input type="checkbox"/> Thermometer	
<input type="checkbox"/> Feminine hygiene products	
<input type="checkbox"/> Safety shoes	
<input type="checkbox"/> Tarps	
<input type="checkbox"/> Newspapers	
<input type="checkbox"/> Disposable body warmers	
<input type="checkbox"/> Portable toilets	
<input type="checkbox"/> Tableware	
<input type="checkbox"/> Spare eyeglasses and hearing aids	
<input type="checkbox"/> Tools (e.g. rope, crowbars, and shovels)	

If a major earthquake occurs, do you think about immediately evacuating to an evacuation shelters?

- The apartment is unlikely to collapse even in a big earthquake.

It is said that if the seismic intensity is about 6 or higher, it is unlikely that the condominium will collapse and become uninhabitable.

- There is a limit to the number of people that can be accepted at the evacuation shelter.

An evacuation shelter is a temporary place of living for those who are unable to live at home.

The evacuation shelter can only secure a space of about 1 tatami mat per person, which makes it difficult to secure privacy and has hygiene problems.



If your house is still habitable, you will stay in your home without going to an evacuation shelter, known as the "shelter in place"

※ Even during "shelter in place" the representative of the condominium can regularly go to the evacuation shelter to receive information and supplies. Let's maintain relationships with the community even in normal times, and cooperate with each other in case of emergency.

You will need to be prepared for "shelter in place"

Do not place large furniture, or if you do, secure it in place with brackets, etc.

Stockpile of drinking water, groceries and portable toilets.

Strengthening the community in the condominium

