### Looking for a Hospital

Please look up the closest hospital in case you get ill or injured. Hospitals can be “General Hospitals”, which cover several medical fields, or “Doctor’s Offices, Hospitals or Clinics” which cover fewer medical fields.

<table>
<thead>
<tr>
<th>General Hospitals in Minato City where English can be used</th>
</tr>
</thead>
<tbody>
<tr>
<td>- Please see the hospital websites or call to ask about medical fields available.</td>
</tr>
<tr>
<td>- Information is according to the booklet “Minato City Medical Information BOOK” issued in January 2016 by the Minato-ku Medical Association. Availability of English language treatment is subject to change depending on the doctor and other reasons. Please check before visiting or at the hospital information desks.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Hospital Name</th>
<th>Website</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Maeda Hospital</td>
<td><a href="http://www.maeda-hospital.or.jp/">http://www.maeda-hospital.or.jp/</a></td>
<td>Fujikage Bldg. 1F, 1-1-5, Moto-Akasaka</td>
<td>03-3408-1136</td>
</tr>
<tr>
<td>Kitasato University Kitasato Institute Hospital</td>
<td><a href="http://www.kitasato-u.ac.jp/hokken-hp/">http://www.kitasato-u.ac.jp/hokken-hp/</a></td>
<td>5-9-1 Shirokane</td>
<td>03-3444-6161</td>
</tr>
<tr>
<td>International University of Health and Welfare, Mita Hospital</td>
<td><a href="http://mita.iuhw.ac.jp/">http://mita.iuhw.ac.jp/</a></td>
<td>1-4-3 Mita</td>
<td>03-3451-8121</td>
</tr>
<tr>
<td>Sanno Hospital</td>
<td><a href="http://www.sannoclc.or.jp/hospital/">http://www.sannoclc.or.jp/hospital/</a></td>
<td>8-10-16 Akasaka</td>
<td>03-3402-3151</td>
</tr>
<tr>
<td>JCHO Tokyo Takanawa Hospital</td>
<td><a href="http://takanawa.jcho.go.jp">http://takanawa.jcho.go.jp</a></td>
<td>3-10-11 Takanawa</td>
<td>03-3443-9191</td>
</tr>
<tr>
<td>Saiseikai Central Hospital</td>
<td><a href="https://www.saichu.jp/">https://www.saichu.jp/</a></td>
<td>1-4-17 Mita</td>
<td>03-3451-8211</td>
</tr>
</tbody>
</table>
2 Other General Hospitals in Minato City [Where English cannot be used]

- The Cardiovascular Institute  http://www.cvi.or.jp  〒3-2-19 Nishi-Azabu  03-3408-2151
- Aiiku Hospital  http://www.aiiku.net  〒1-16-10 Shibaura  03-6453-7300
- The Jikei University Hospital  http://www.jikei.ac.jp/  〒3-19-18 Nishi-Shimbashi  03-3433-1111
- IMSUT Hospital, The Institute of Medical Science, The University of Tokyo  http://www.h.ims.u-tokyo.ac.jp/00home.html  〒4-6-1 Shirokanedai  03-3443-8111
- Toranomon Hospital  http://www.toranomon.gr.jp  〒2-2-2 Toranomon  03-3588-1111
- Nishihara Hospital  http://www.nishihara-hospital.com  〒1-3-2 Shirokane  03-3440-2531
- Furukawabashi Hospital  http://www.zai-kouseikai.or.jp  〒2-10-21 Minami-Azabu  03-3453-5011

3 Hospital Referral or Medical Information Services where calls can be made in Foreign Languages

Tokyo Metropolitan Health and Medical Information Center
☎ 03-5285-8181  English, Chinese, Korean, Thai, Spanish  Everyday  9:00 a.m.-8:00 p.m.

AMDA International Medical Information Center
☎ 03-5285-8088  English, Chinese, Korean, Thai, Spanish  Everyday  9:00 a.m.-8:00 p.m.
- Portuguese  Monday/Wednesday/Friday  9:00 a.m.-5:00 p.m.
- Filipino  Wednesday  1:00 p.m.-5:00 p.m.
- Vietnamese  Thursday  1:00 p.m.-5:00 p.m.

4 Looking for Hospitals Online

Tokyo Metropolitan Medical Institution Information (Himawari)  http://www.himawari.metro.tokyo.jp/  English

5 Using other Methods to Look for a Hospital

- “Minato City Medical Information BOOK”
  The booklet is issued by the Minato-ku Medical Association and updated every 2 years. The latest version is from 2016. It is available from Regional City Offices or the Health and Welfare Section on the 2nd Floor of City Hall. It is written in Japanese, but pages for hospitals where English can be used have English information. Also, hospitals and clinics where English can be used have the note “English OK” on the Japanese language pages.

- If you are able to read Japanese, please use the Minato-ku Medical Association website to look for hospitals in Minato City.  http://www.minatokuishikai.or.jp/

- There is also a medical facility list in the foreign language versions of the “Guide to Minato Living”. It also includes General Hospitals outside of Minato City where English can be used. “Guide to Minato Living” is available in English, Korean, and Chinese at the Regional City Offices and Multilingual Information Space at the City Hall.
Medical Care on Holidays

There are hospitals or clinics available if you become suddenly ill or injured on Sundays or holidays or at New Year. The Minato City website and Minato City publicity paper, Koho Minato, provide information on the clinics that are open on holidays that week and the following week. (Hospitals are open in shifts depending on the date.) Please call before visiting the hospital. When you visit the hospital, please take your health insurance card with you.

Hospitals for Children on Holidays or at Night

The following hospitals are able to handle children in serious need of medical care on an emergency basis during the day on holidays and at night (after 5 p.m.).

<table>
<thead>
<tr>
<th>Hospital</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>The Jikei University Hospital</td>
<td>3-19-18 Nishi-Shimbashi, Minato-ku</td>
<td>03-3433-1111</td>
</tr>
<tr>
<td>Toranomon Hospital</td>
<td>2-2-2 Toranomon, Minato-ku</td>
<td>03-3588-1111</td>
</tr>
<tr>
<td>Tokyo Metropolitan Hiroyo Hospital</td>
<td>2-34-20 Ebisu, Shibuya-ku</td>
<td>03-3444-1181</td>
</tr>
<tr>
<td>Japanese Red Cross Medical Center</td>
<td>4-1-22 Hiroyo, Shibuya-ku</td>
<td>03-3400-1311</td>
</tr>
</tbody>
</table>

Minato Emergency Children’s Clinic (1st Floor Aiku Hospital)

This can be used in the event of children up to junior high school age who have a fever or mild illness. It is open from 7:00 p.m. to 10:00 p.m. Monday, Wednesday and Friday, with reception open until 9:30 p.m..

(1-16-10 Shibaura Minato-ku 03-6453-7302)
Health Examinations

Health Checkups and Cancer Screenings

Health checkups of body and teeth, and cancer screenings are performed on a regular basis for residents. Please see Koho Minato, Minato Monthly, or the Minato City website for details on the dates and locations.

Special Health Checkups

Special Health checkups and health advice are provided to people between the ages of 40 and 74. You will be informed of your examination time by the City if you have National Health Insurance. Bring your checkup voucher and health insurance card to the hospital to receive your special health checkups. If you have health insurance through your company, you will receive notification from your company.

The following nine types of leaflets are prepared in Japanese with furigana (phonetic readings), English, Korean, and Chinese.

1. Learning how to live in / become a resident of Minato City
2. Emergency and Disaster Preparation Information
3. Taxes, Insurance and Pensions
4. Child Rearing and Education
5. Welfare
6. Daily Life
7. Status of Residence, Work and Tourism
8. Medical Care and Hospitals
9. Various Consultation Contacts and Information

Minato City is committed to the conservation of green space and reduction of waste. This leaflet was printed on recycled paper containing post-consumer waste.